

July 18, 2021



Chigot Window in the Cathedral (1956)
YEAR OF SAINT JOSEPH

The CATHEDRAL of the SACRED HEART

The Mother Church of the Diocese of Richmond
Twinning with St. Paul's Church & School, Carissade, Haiti
Serving Virginia Commonwealth University

Most Reverend Barry C. Knestout
Bishop of Richmond

Very Reverend Anthony E. Marques
Vicar Forane & Rector

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Office Hours: Monday–Friday: 9:00 a.m.–4:30 p.m.
www.richmondcathedral.org

SIXTEENTH SUNDAY IN ORDINARY TIME

RCIA Inquiry Sessions:
We invite you to “Come and See”
Next Session is Tuesday, July 20 at 6:30 p.m. in the Parish Hall

Join us for the RCIA Inquiry Sessions, which are a time for adults to learn more about God’s love and how it is expressed within the Catholic faith. These gatherings are informal discussions centered around topics of the Catholic faith. The final session will be on August 24.

For more information contact Maria Thorsen: mthorsen@richmondcathedral.org.

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Masses

Tuesday–Friday: 12:05 p.m.
Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m., 5:15 p.m.

Sacrament of Penance

Wednesday: 5:30–6:30 p.m.

Church Hours

Monday–Friday: 9:30 a.m. – 4:30 p.m.

THIS WEEK AT THE CATHEDRAL

Saturday, July 17, 2021 – Sixteenth Sunday in Ordinary Time

9:30 a.m. Baptism
11:00 a.m. Baptism
2:00 p.m. Wedding
5:15 p.m. **Mass**

Sunday, July 18, 2021 – Sixteenth Sunday in Ordinary Time

9:00 a.m. **Mass** ([Diocesan Livestream](#)) +Ann and Bruno Voigt
11:00 a.m. **Mass**
5:15 p.m. **Mass**

Monday, July 19, 2021

Tuesday, July 20, 2021

NO Tuesdays Together
NO DAILY MASS

6:30 p.m. RCIA Inquiry Session in parish hall

Wednesday, July 21, 2021

7:30 a.m. Lauds (Morning Prayer) ([Zoom](#))
NO DAILY MASS

5:30 p.m. Confessions in Large Sacristy

Thursday, July 22, 2021

NO DAILY MASS

Friday, July 23, 2021

NO DAILY MASS

Saturday, July 24, 2021 – Seventeenth Sunday in Ordinary Time

11:00 a.m. Baptism
5:15 p.m. **Mass** +Mario Brigotti

Sunday, July 25, 2021 – Seventeenth Sunday in Ordinary Time

9:00 a.m. **Mass** ([Diocesan Livestream](#))
11:00 a.m. **Mass**
5:15 p.m. **Mass**

No Daily Mass July 19–23 NEW!

Father Tony will be on vacation and daily Mass will not be celebrated on Monday, July 19 through Friday, July 23. Confessions will still be heard on Wednesday, July 21 from 5:30 to 6:30 p.m. St. Peter's, a few blocks away, celebrates daily Mass at 12:00 noon during the week.

WHY ARE WE OBLIGATED TO ATTEND SUNDAY MASS?

With the easing of the COVID-19 pandemic in the United States, the general dispensation from the obligation to attend Sunday Mass has been lifted in the Diocese of Richmond, and throughout the Mid-Atlantic region, as of the weekend of June 26–27, 2021.

Sunday Mass is normally obligatory because it is so important: “The Sunday Eucharist is the foundation and confirmation of all Christian practice. For this reason the faithful are obliged to participate in the Eucharist on days of obligation, unless excused for a serious reason (for example, illness, the care of infants) or dispensed by their own pastor. Those who deliberately fail in this obligation commit a grave sin” (*Catechism of the Catholic Church*, no. 2181).

The Mass is the Church's offering of the sacrifice of Christ's death and resurrection. This renewal of Jesus' sacrifice involves the change (transubstantiation) of bread and wine into Christ himself: his “body and blood, together with the soul and divinity” (Council of Trent). Those who are properly disposed are encouraged to receive Christ in the sacrament of the Eucharist, which is called “Holy Communion,” because it brings about our union with him (see *Catechism of the Catholic Church*, nos. 1356–1398). The Eucharist is the Church's greatest treasure because it is Christ himself.

PRAYERS

Sick: Finn Wallace, Dennis Halloran, Jean Faulkner, Joe Faulkner, Bill Fox, Joan and Robert Watson, Natalee Franzyshe, Alberta Winston, Louise Fedorka, Katherine Harder, Aleen Causieestko, Lee Wexler, Caitlin Reagan, James Raber, Jake Einwechter, Michele Whitehurst, Doug Toler, Mary Maynard, Mark Drexler Jr., Bobby Locke, Patrick Cooper, Reed Roberts, Cheryl Hennan, Ann Fincham, Georgia Thompson, Peggy Ross, Debra Brown, Theresa Drexler Moody, Knox and Preston Kaliebe, Kevin Smith, Diana A., Joan DeBiasi, Joanie Price, Cindy Cole, John Norment, Frank Flechter, Michael Hollister, Connie Biby, Valerie Booth, Gabriel Peter Norment, Eddie Dunn III, Dylan Marshall, Jean Serini, Billie Sutherland Moore, Mark Patrick Cotham, Anne Hutchins, and Janine Thompson.

Seminarians: Rev. Mr. Dillon Bruce, Armando Herrera, Alexandre Jimenez, Joseph Kauflin, William Buckley, Christopher Weyer, David Arellano, William Douglas, Seth Seaman, Matthew Kelly, Andrew Clark, Samuel Hill, Chase Imoru, Charles Palmer, Carl Thompson, Graham Fassero, Ian Grosskopf, David Urlwin, Gregory Guilfoyle, John Paul Shanahan, Charlie Tamayo, and Peter Olbrych.

Pope Francis's general prayer intention for July is: Social Friendship

We pray that, in social, economic and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship.

July Service Project: Sacred Heart Center

For this month's service project, the Cathedral will be partnering with the Sacred Heart Center in Southside. This organization provides many services to the community, such as GED classes and English lessons. There are two ways you can help with this service project this month:

(1) Gift Cards: Sacred Heart Center is hosting a summer camp for three groups of 20 children. Gift cards can be used to provide meals for children during these sessions throughout July. Please visit https://www.mealtrain.com/trains/d3y66v?blm_aid=21833 to purchase gift cards. Gift cards can be purchased digitally (when prompted for the recipient's email, use elizabeth_solano@shrichmond.org) or purchased physically (mail or bring to 1400 Perry Street, Richmond, VA 23224).

(2) Food Pantry: The Sacred Heart Center's Food and Toiletries Pantry is in dire need of donations. Bins will be placed at the Cathedral entrance to collect items. [Click here to see items needed.](#)

Mass Intentions

The Mass is a sacrifice because it renews the Sacrifice of Christ on the Cross and applies its saving grace to our lives (*Catechism of the Catholic Church*, no. 1366). In a particular way, the grace of Mass is applied to specific needs (for example, a person living or deceased) by means of a Mass intention.

According to Church law, at least one Mass on Sunday or holy day of obligation (celebrated during the day or the evening prior) must be offered “for the people” (in Latin: *pro populo*) (*Code of Canon Law*, canons 388, 534).

Aside from the *pro populo* requirement, Masses may be offered for other intentions (usually one intention per Mass, either on Sunday or a weekday). It is customary—but not required—for members of the faithful to provide a stipend for the priest when a Mass intention is offered (canon 945 §1). The stipend is a way to contribute toward the financial support of the clergy of the Church (canon 946), and to unite oneself more closely to Christ, who is the Victim offered in the Mass (Pope Paul VI, Apostolic Letter on Faculties Concerning Mass Stipends, *Firma in traditione*, 1974). The stipend should never be thought of as “purchasing” a Mass. The customary stipend is \$5.00 per Mass.

**Offertory Collections will be included
in next week's bulletin.**

CHILDREN & YOUTH CATECHESIS

VBS Thank You

Thank you for all your participation and support for Vacation Bible School! We had over 40 children, over 20 volunteers, and a wonderful week!

During the camp, we heard stories from the Bible, we learned new songs, did fun crafts, used our STEM skills, and did two, special service projects for Housing Families First and our friends in our Haiti parish.

We also had a special visit with Father Tony every day to learn about a new saint.

It was a great week and we are already looking forward to next year! A very special thank you to all the adult and youth volunteers who helped prepare, decorate, and assist for the week. We couldn't do it without you!



Preparation for First Penance and First Holy Communion

If you have a child who is a rising 2nd grader or older that would like to prepare for the Sacraments of Reconciliation and First Holy Communion, please contact Joy Weir jweir@richmondcathedral.org

Bicentennial Book Sale A Success! NEW!

Thank you for all the support in purchasing a Bicentennial book! We raised over \$400 for scholarship funds for our children and youth camps! We have many camps for children and youth such as Vacation Bible School, Middle School Rally, Diocesan Work Camp and the Diocesan Youth Conference. The funds will make it easier for youth and volunteer chaperones to attend. Thank you again! We appreciate your support!

Emmaus Journey: A Retreat for Grieving Parents September 18 | Church of the Redeemer, Mechanicsville October 2 | Our Lady of Mount Carmel, Newport News

To meet the spiritual needs of parents whose children of any age have died, no matter how long ago, the Diocese of Richmond now offers the *Emmaus Journey*: a faith-based, day-long, spiritual retreat for grieving parents led by a team that includes grieving parents, spiritual directors, priests, deacons, and parish leaders. The *Emmaus Journey* offers a safe place where you can seek peace, comfort, and hope. Join us in a warm and loving environment with other parents who know something of your pain. Questions can be sent to evangelization@richmonddiocese.org.

ADULT CATECHESIS

Why We Go to Mass

"The worship due to the sacrament of the Eucharist, whether during the celebration of the Mass or outside it, is the worship of *latría*, that is, the adoration given to God alone. The Church guards with the greatest care Hosts that have been consecrated. She brings them to the sick and to other persons who find it impossible to participate at Mass. She also presents them for the solemn adoration of the faithful and she bears them in processions. The Church encourages the faithful to make frequent visits to adore the Blessed Sacrament reserved in the tabernacle" (*Compendium of the Catechism of the Catholic Church*, no. 286).

Holy Hour

Each month, a holy hour takes place that includes exposition of the Blessed Sacrament, Scripture, sacred music, silent prayer, and benediction. The holy hour is a way to deepen one's love and appreciation for the Eucharist, which is Christ himself.

The next holy hour will take place on Tuesday, July 27 from 6:00 to 7:00 p.m. in the church, and a light reception will follow in the parish hall.

The holy hour for July will focus on the Precious Blood, since the month is dedicated to that theme. (The feast of the Most Precious Blood of Our Lord Jesus Christ was previously celebrated on July 1; it is now included in the feast of Corpus Christi: the Most Holy Body and Blood of Christ.)

New Film on The Way of St. James: NEW!

Free on July 25

The premier of a new film, *Santiago: the Camino Within*, will be available to parishes for free on July 25, the feast of St. James. The film features pilgrims from around the world as they travel "The Way of St. James." Sign up for a free pass to the film at santiago-camino.com.

YOUNG ADULT MINISTRY

Young Adult Retreat

October 22–24, 2021 | Ramada Plaza, Nags Head Oceanfront

We all need to take time to rest, retreat from the world, and recharge. This fall, young adults from across the Diocese of Richmond have an opportunity for a spiritual weekend retreat in an idyllic, relaxing environment. The retreat will include a keynote speaker who will give a series of relevant, practical, inspiring, and challenging talks, and a priest will be available throughout the weekend for Mass, Reconciliation, and Eucharistic Adoration. There will also be ample opportunities for prayer, fellowship, and downtime. Join us for our Young Adult Retreat where we will RECHARGE & BREATHE together. Registration coming later this month — [check our website for details!](#)

For Weddings: Contact Janice Guzman afw@richmondcathedral.org

For Funerals: Contact Janice Guzman afw@richmondcathedral.org

For Mass Intentions: Call Chris Ferrara cferrara@richmondcathedral.org or (804) 359-5651

Infant Baptism: Contact Joy Weir at jweir@richmondcathedral.org or (804) 212-3893

For adults inquiring about Baptism, Confirmation, and the Eucharist: Contact Maria Thorsen at mthorsen@richmondcathedral.org

We welcome new members to the Cathedral.

An online registration form found at

<https://richmondcathedral.org> or

email tbaham@richmondcathedral.org.

RCIA

(RITE OF CHRISTIAN INITIATION OF ADULTS)

Are you or someone you know interested in becoming Catholic?

Do you have a child the age of seven or above who has not been baptized?

Were you baptized Catholic as a child, but have not yet received the Sacraments of Confirmation and/or Eucharist?

Our parish offers the opportunity to come together in a small group to learn more about the Catholic faith. RCIA sessions focus on the faith and experience of the Catholic Church and prepares individuals to celebrate the Sacraments of Baptism, Confirmation, and the Eucharist.

You are welcome to participate in the RCIA process with your questions, insights, and faith story in a welcoming setting. For more information please contact Maria Thorsen: mthorsen@richmondcathedral.org.

PARISH LIFE

Meeting for Extraordinary Ministers of Holy Communion at Mass

A meeting will take place on Thursday, August 19 at 6:00 p.m. for those who would like to serve as extraordinary ministers of Holy Communion at Mass. This meeting will include a presentation on the significance and role of the extraordinary minister of Holy Communion, and a time for prayer before the Blessed Sacrament.

Extraordinary ministers of Holy Communion must be fully initiated and practicing Catholics. This means that they have received Baptism, Confirmation, and First Holy Communion; that they practice their faith, which includes attending Mass each Sunday and holy day of obligation; and, that if married, they be in a marriage recognized by the Catholic Church.

Parishioners who would like to serve as extraordinary ministers of Holy Communion to at Mass are asked to contact Fr. Tony (tmarques@richmonddiocese.org) before the scheduled meeting.

Bowing During the Creed NEW!

"The purpose of the Creed or Profession of Faith is that the whole gathered people may respond to the Word of God proclaimed in the readings taken from Sacred Scripture and explained in the Homily and that they may also honor and confess the great mysteries of the faith" (*General Instruction of the Roman Missal*, no. 67).

One of the "great mysteries" professed in the Creed is the Incarnation: that Jesus Christ is completely human and completely divine. For this reason, we bow at the following words: "and by the Holy Spirit was incarnate of the Virgin Mary, and became man." By "lowering" ourselves in this way, we echo the Letter to the Hebrews (which quotes Psalm 8): "You made him for a little while lower than the angels" (Hebrews 2:7).

Bowing during the Creed reminds us that we worship God not only with our lips, but also with our bodies. This gesture is especially important during the Advent and Christmas seasons, since we are commemorating the Incarnation: the Son of God's coming among us as a man.

Social Justice Committee

With the pandemic restrictions easing, I would like to meet with parishioners who are interested in participating in the Cathedral's social ministry. An informational meeting regarding the social justice committee will take place on Thursday, September 2 at 6:00 p.m. in the parish hall. I would be grateful if those who plan to attend would email me beforehand (tmarques@richmonddiocese.org), so that I can ensure sufficient seating.

—Fr. Tony

Vacation NEW!

I will be on vacation from July 19 to 23. If there is an emergency during that time that requires a priest, please call the emergency number: (804) 254-0699.

—Fr. Tony

Bringing Up the Gifts NEW!

At Mass, the Liturgy of the Eucharist begins with the Preparation of the Gifts. The offerings of bread and wine that will become the Body and Blood of Christ are brought forward.

According to the *General Instruction of the Roman Missal*, "It is a praiseworthy practice for the bread and wine to be presented by the faithful. ...Even though the faithful no longer bring from their own possessions the bread and wine intended for the liturgy as was once the case, nevertheless the rite of carrying up the offerings still keeps its spiritual efficacy and significance" (no. 73).

As the prayers at the Preparation of the Gifts indicate, the bread and wine represent the sacrifice of our lives that we offer in union with the Sacrifice of Christ in the Mass: "the bread we offer you: fruit of the earth and work of human hands... the wine we offer you: fruit of the vine and work of human hands."

Life-Giving Wounds:

Ministry for Adult Children of Divorce

July 30 – August 1 | San Damiano Retreat Center | White Post, VA

Attending the three-day retreat is a great way to start this journey of healing. The retreat focuses on discovering our identity as children of God, although it also focuses on overcoming the effects of parental divorce, forgiving our parents, and connecting with others from this background. The weekend includes presentations, small group sharing, adoration, spiritual direction, and Mass. Cost is \$400. [Click here to register.](#)

YEAR OF SAINT JOSEPH

"The Polish writer Jan Dobraczyński, in his book *The Shadow of the Father*, tells the story of Saint Joseph's life in the form of a novel. He uses the evocative image of a shadow to define Joseph. In his relationship to Jesus, Joseph was the earthly shadow of the heavenly Father: he watched over him and protected him, never leaving him to go his own way. We can think of Moses' words to Israel: 'In the wilderness... you saw how the Lord your God carried you, just as one carries a child, all the way that you travelled' (Deut 1:31). In a similar way, Joseph acted as a father for his whole life" (Pope Francis, [Patris Corde](#), 2020).

Parking Validation for
Saturday & Sunday Mass
ONLY



Valid until June 30, 2021

QR Code

When you park in the VCU Deck, you must do the following:

- 1 - PULL & KEEP A TICKET TO ENTER DECK
- 2 - Use this code from this bulletin **OR**
- 3 - Take a photo of the code with your smart phone (code located near main doors of the church)
- 4 - Insert your ticket first, then when asked for payment, scan the code and the gate will open.



Food, Toiletries, and Gift Card Drive: 7/3-8/1

Donation Bins Located at Cathedral Entrance

Food Products:

Corn flour (*maseca*)*
Tomato sauce*
Boxed Macaroni & Cheese*
Baby formula (Similac w/ blue top
and NIDO)*
Tortillas
Dried or canned beans
Rice
Snacks for small children
Canned fruit & vegetables
Sugar
Tuna
Powdered Milk
Cereal
Crackers
Peanut butter
Tea & Coffee
Cooking oils

***High-priority items**

Personal Care Products:

Deodorants
Lotion
Dental products
Hair care products
Shaving products
Laundry detergent (pods preferred)
Diapers (any size)*
Feminine hygiene products
Latex gloves
Paper & Plastic bags to distribute food
Cardboard Boxes to distribute food
Lysol/Clorox wipes

Click here to donate gift cards for the
Summer Camp Meal Train!

You can send gift cards digitally to:
elizabeth_solano@shcrichmond.org

or physically to:

1400 Perry Street, Richmond, VA 23224