



Christ the King Window in the Cathedral (1931)

January 29, 2023  
**CATHEDRAL** *of the*  
**SACRED HEART**

Dedicated Thanksgiving Day (1906)  
Serving Virginia Commonwealth University  
Twinning with St. Paul's Church and School, Carissade, Haiti

**Most Reverend Barry C. Knestout**  
Bishop of Richmond

**Very Reverend Anthony E. Marques**  
Rector

823 Cathedral Place, Richmond, VA 23220  
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## FOURTH SUNDAY IN ORDINARY TIME

### Feast of the Presentation of the Lord Thursday, February 2 | 5:00 p.m.

The Feast of the Presentation of the Lord marks the fortieth day after Christmas, and commemorates Christ's dedication in the Jerusalem temple (Luke 2:22–38). In England, the Presentation came to be known as “Candlemas,” since it is the Church’s custom to bless candles that will be used throughout the year (the paschal candle, candles for the Advent wreath, etc.). Parishioners are invited to bring with them candles to be blessed that will be used in their home throughout 2023.

February 2 is also the World Day of Prayer for Consecrated Life. Bishop Knestout will celebrate this Mass to honor those who serve the Church by living out the evangelical counsels—poverty, chastity, and obedience—in a permanent state of life (*Catechism of the Catholic Church*, no. 915). There will be no 12 noon daily Mass that day.

#### CLERGY AND STAFF

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#### MASSES

Tuesday, Thursday, Friday: 12:00 N

Wednesday: 6:30 p.m.

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m., 5:00 p.m.

#### EUCCHARISTIC ADORATION

Tuesday: 6:00–7:00 p.m.

#### CONFESSIONS

Wednesday: 5:30–6:30 p.m.

#### OFFICE AND CHURCH HOURS

Monday–Friday: 9:00 a.m. – 4:30 p.m.

To register as a parishioner, visit: [bit.ly/jointhecathedral](https://bit.ly/jointhecathedral)

# THIS WEEK AT THE CATHEDRAL

## Saturday, January 28

5:00 p.m. Mass (Orzetti Family)

## Sunday, January 29: Fourth Sunday in Ordinary Time

9:00 a.m. Mass (+Rita Boudreau) ([Cathedral Facebook Livestream](#))

10:05 a.m. PREK–Middle-School Catechesis

11:00 a.m. Mass (+Mary Eshman)

3:45 p.m. CCM Choir rehearsal

5:00 p.m. Mass (Cathedral parishioners)

## Monday, January 30 No Mass

6:00 p.m. Baptism class

## Tuesday, January 31

12:00 N Mass

6:00 p.m. RCIA session

6:00 p.m. Eucharistic Adoration

## Wednesday, February 1

7:30 a.m. Lauds (Morning Prayer) ([bit.ly/cshlauds](#))

5:30 p.m. Confessions

6:00 p.m. Adult Confirmation session

6:30 p.m. Mass

## Thursday, February 2: Feast of the Presentation of the Lord

Church closed until 4:00 p.m.

5:00 p.m. Mass

## Friday, February 3

12:00 N Mass (Blessing of throats)

## Saturday, February 4

10:00 a.m. Baptism Liturgy

2:00 p.m. Wedding

5:00 p.m. Mass

## Sunday, February 5: Fifth Sunday in Ordinary Time

9:00 a.m. Mass (+Allen Goolsby West) ([Cathedral Facebook Livestream](#))

10:05 a.m. PREK–Middle-School Catechesis

11:00 a.m. Mass

12:00 N Social Justice Committee meeting

2:00 p.m. HSYG meeting

3:45 p.m. CCM Choir rehearsal

5:00 p.m. Mass (Cathedral parishioners)

6:00 p.m. Knights raffle and spaghetti dinner

## Virginia March for Life **NEW!**

### February 1 | 11:00 a.m.

The fifth annual Virginia March Life will include a rally and march around the Virginia State Capitol. Parishioners are invited to walk with Fr. Tony from the Cathedral Plaza to the Capitol at 11:00 a.m. More information is available at <https://vaprolifeday.org>.

## OUR GREATEST TREASURE

"The purpose of the Eucharist is the transformation of those who receive it in authentic communion. And so the end is unity, that peace which we, as separate individuals who live beside one another or in conflict with one another, become with Christ and in him, as one organism of self-giving, to live in view of the resurrection and the new world."

— Pope Benedict XVI (r. 2005–2013)  
Lecture, "Eucharist, Communion and Solidarity"

# PRAYERS

**Sick:** Mary Lynn Applegate, Aleen Causieestko, Joan DeBiasi, Mary Drexler, Jacob Einwechter, Francis Fletcher, William (Bill) Fox, Robert (Bobby) Locke, Madeline Peace, Margaret (Peggy) Ross, Lee Wexler, Michele Whitehurst, Alberta Winston.

## Rite of Christian Initiation of Adults (RCIA):

Alyssa Burton, Tyler Cobb, Chelsey Cocke, Ryan DeMarmels, James Detrick, Laura Hild, Kristen Inglis, Amy Inman, Janak Jaini, Hunter Knight, Jill Kraus, Jillian Mauriello, Morgan Lehman, Anastasia Madden, Allison Moose, Colleen Moran, James Moran, Victoria Rojas, Shayna Sweezy, Amanda Webster, Jonathan Williams.

## Blessing of Throats **NEW!** February 3 | 12:00 N

The annual blessing of throats will take place at daily Mass on the feast of Saint Blaise. According to tradition, Saint Blaise, a bishop and martyr of the early Church (d. ca. 316 AD), miraculously dislodged a fish bone that was choking a child. Since then, the Church has invoked his intercession against all diseases of the throat.

## Christmas Echo

The *Alma Redemptoris Mater* (Loving Mother of the Redeemer) is one of five antiphons in honor of the Blessed Virgin Mary sung according to the various liturgical seasons. This first antiphon is sung from the First Sunday of Advent until the Feast of the Presentation of the Lord (February 2). This feast marks the fortieth day after Christmas and commemorates the dedication of the Christ child in the Jerusalem Temple (Luke 2:22–38). Although Christmastime ends on the Feast of the Baptism of the Lord (this year, January 9), the joy of the season resounds in the Church until the Feast of the Presentation.

*Loving Mother of the Redeemer,  
gate of heaven, star of the sea,  
assist your people who have fallen yet strive to rise again.  
To the wonderment of nature you bore your Creator,  
yet remained a virgin after as before.  
You who received Gabriel's joyful greeting,  
have pity on us poor sinners.*

### Weekly Offertory Collection

For Fiscal Year beginning 7/1/2022

The Cathedral is grateful for last week's collections.

#### 2022–2023

Last Week Year-to-Date

#### Regular Offertory

Amount Budgeted	\$16,049	\$573,382
Amount Received	<u>\$12,878</u>	<u>\$451,674</u>
Difference	-\$3,171	-\$121,707

**We are \$149,016 below last year,  
a 25% decrease in Offertory collections.**

<b>Cathedral Preservation</b>	\$420	\$30,807
<b>Social Justice</b>		
Poor and Needy	\$397	\$28,087
Haiti	\$172	\$17,545
<b>Catholic Campus Ministry</b>	\$125	\$4,193
<b>Religious Education</b>	\$14	\$1,898

## Catechist Corner: The Tabernacle

In the Catechesis of the Good Shepherd program, the catechist (teacher) points out to the children that Jesus is present in the tabernacle. In the atrium (classroom) they work with a small model of a tabernacle. The children understand that the tabernacle holds the most blessed sacrament and is a cabinet made of precious materials, and it is always kept locked. Our youngest children will visit the tabernacle in the Cathedral during their atrium time, and have an opportunity to pray in front of the most blessed sacrament.

## Volunteers Needed

We need VIRTUS trained adults to help prepare, plan, and execute our favorite camp of the year for children: Vacation Bible School. The camp is July 10–14. Please contact Joy Weir ([jweir@richmondcathedral.org](mailto:jweir@richmondcathedral.org)) if you are interested in volunteering.

## Upcoming Events

Are you planning your summer for your child(ren) and teens? Save these dates:

- **Vacation Bible School:** July 10–14. Ages 4 to Rising 5<sup>th</sup> grade. Rising 6<sup>th</sup> grade and up are eligible to volunteer. VIRTUS trained adults are needed for the camp.
- **Discipleship Week:** August 16–19. Geared towards rising juniors and seniors in high school. Contact [jweir@richmondcathedral.org](mailto:jweir@richmondcathedral.org) if you are interested in learning more.
- **Epic:** August 19. An all-day fun and faith-filled event for middle school students (rising 6<sup>th</sup> through rising 8<sup>th</sup> grade)

## Middle-School Family Survey

Middle-school families: please complete this survey: [bit.ly/cshsurvey5](https://bit.ly/cshsurvey5). We are planning some special events to do with the group and we appreciate you and your teens' feedback.

## Catechesis for Parents of All Ages <sup>NEW!</sup>

**February 26 | 10:05-10:45 a.m. | Parish Hall and Church**

Please join us for a special presentation for all parents and parishioners on Sunday, February 26, following the 9:00 a.m. Mass in the parish hall. The presentation will be one of the works from the Catechesis of the Good Shepherd, which is a Montessori-style approach to teaching the faith to children that we use for our parish. This will be especially beneficial for any parent or grandparent of a child(ren) ages infant to eleven years old. Come and enjoy fellowship and a presentation that will resonate with you, increase your understanding of our faith and allow you to better support the children in your family.

## Becoming Catholic: RCIA Inquiry Sessions

**February 15, March 15 | 6:00 p.m. | Office**

You are invited to join several sessions to have a discussion about the Catholic Faith. These inquiry sessions will be held on the following dates at 6:00 p.m. in the parish office (823 Cathedral Place): February 15 and March 15. If you are interested in learning more about the Catholic faith, please contact Maria Thorsen ([mthorsen@richmondcathedral.org](mailto:mthorsen@richmondcathedral.org)).

We welcome new members into the Catholic faith through the process of education and faith sharing, known as the Rite of Christian Initiation of Adults (RCIA). This process includes several stages marked by prayer, study, discussion and Gospel reflections.

Would you be interested in the RCIA? Would you like to learn more about the Catholic faith? Perhaps you have never been baptized. Perhaps you are baptized in another Christian denomination, or you have been baptized Catholic and have not received the sacrament of Confirmation. We welcome your questions and look forward to walking with you on your faith journey.

## RCIA Dinner

A simple, yet powerful way you can be involved in the Rite of Christian Initiation of Adults (RCIA) is to help provide a light dinner for the RCIA sessions; breaking bread together is the way we begin each week. Please sign up to provide a light dinner for one of the Tuesday night RCIA sessions (<https://bit.ly/3KdppCa>).

## Adult Confirmation Sessions

**February 1, 9, 16 | 6:00 p.m. | Office**

Adult Confirmation is for Catholic adults who have already received Baptism and First Holy Communion. The Cathedral will have preparation sessions in the parish office (823 Cathedral Place) on the following dates at 6:00 p.m.:

- Wednesday, February 1
- Thursday, February 9
- Thursday, February 16

For more information about adult Confirmation, please contact Maria Thorsen ([mthorsen@richmondcathedral.org](mailto:mthorsen@richmondcathedral.org)).

## Young Adults

**February 7:** Theology on Tap | Amigos Family Restaurant  
1808 Staples Mill Rd. | Doors open at 6:00 p.m.  
Food and beverages need to be purchased by guests by 6:55 p.m.

**February 19:** Monthly Eucharistic Adoration | St. Bridget  
7:00–8:00 p.m. | 6006 Three Chopt Rd.

**February 26:** Lenten Small Group Begins | 7:00–8:30 p.m.

**March 25:** Young Adult Lenten Day of Reflection | Crozet, VA  
[bit.ly/cdrlent](https://bit.ly/cdrlent)

## PARISH LIFE

### Maggi Collins Fine Art **NEW!**

Parishioner and visual artist Maggi Collins will be having her work on exhibition at Urban Farmhouse (Shockoe Slip) from February 1<sup>st</sup> through March 31<sup>st</sup>. To learn more about Maggi and her work, please visit <https://www.maggicollinsfineart.com>

### Knights of Columbus Raffle and Spaghetti Dinner Sunday, February 5 | Following the 5:00 p.m. Mass

The Cathedral's Knight of Columbus 1st annual raffle drawing and all you can eat spaghetti dinner will take place on Sunday February 5. Tickets are \$8 per person and \$20 for a family of four if purchased in advance, or \$10 and \$25 if purchased at the door. Tickets can be purchased at the Cathedral Shop or by contacting Rick Wildes (804-366-3430 | [rick@rickwildes.com](mailto:rick@rickwildes.com)). Two winners will be drawn. Winners need not be present to win. Come and enjoy a delicious meal of homemade spaghetti, plain and meat sauce, salad, plain and garlic bread, dessert, ice tea and lemonade to drink.

### Deacon Charles Williams Speaker Series February 8 | 6:30–8:30 p.m. | [bit.ly/cshwilliams2](http://bit.ly/cshwilliams2)

All are welcome to attend the speaker series honoring the memory of Deacon Charles Williams (1951–2022) and continuing his mission to educate groups and individuals on racial injustice, racial healing and preserving the history of the Black Catholic experience in the Diocese of Richmond. Registration is now open, visit: [bit.ly/cshwilliams2](http://bit.ly/cshwilliams2).

The speaker for Black History Month is Sr. Cora Marie Billings. Her presentation is "May I Present Some Black Women Religious." The evening will begin with Mass at 6:30 p.m., followed by dinner in the parish hall. The presentation will begin at 7:30 p.m. with Q&A and discussion ending at 8:30 p.m. Please register to attend via Eventbrite. The presentation will be livestreamed as well via the Cathedral facebook page. You do not need to register or be a member of Facebook to watch the livestream.

### Parish-Wide Lenten Family Preparation **NEW!** February 18 | 10:00 a.m.–12:00 N | Parish Hall and Church

Everyone is invited to come together to prepare for the upcoming Lenten season. We will pray together, write cards to the Cathedral homebound and friends at the Virginia Home, and prepare our minds and hearts for Lent. Meet in the parish hall.

### Small Groups

Our sign-up is now open for small groups for Lent. The mission of a small group is to provide parishioners with the experience of Christian community: praying and learning together, supporting one another, and being inspired by one another. Sign up today at <http://bit.ly/3HaipEP>

### Ongoing Travel-Size Toiletries Collection **NEW!**

Cathedral of the Sacred Heart Assembly 3677 of the Knights of Columbus is collecting travel-size men's and women's toiletries for St. Peter's Pro-Cathedral for the homeless. St. Peter's is always in need of these sample or travel-size products. The Assembly consists of the Cathedral, Holy Rosary, St Ann, and St. Paul. Donations can be dropped off at the Cathedral Shop after any of the weekend Masses. This will be an ongoing project for the Knights to help the homeless of Richmond.

### Gift Shop **NEW!**

The gift shop has reopened. There is a vintage nativity set on sale for \$150 (50% off the original price.)

Volunteers are needed to staff the gift shop. If you are interested contact John Dougherty ([jd23224@gmail.com](mailto:jd23224@gmail.com), 804-787-0561).

### Collecting Palms

Palms that were blessed last year on Palm Sunday are now being collected in preparation for the beginning of Lent. After the palms are burnt, the ashes imposed on the forehead on Ash Wednesday (February 22). Please deposit the palms in the baskets that have been placed at the entrance to the church.

The connection between Palm Sunday and Ash Wednesday highlights an important truth: We undertake penance knowing that Christ has already conquered sin by his passion, death, and resurrection. The Lord's victory is meant to be ours as well. The palm is a symbol of Christ's victory: "After this I had a vision of a great multitude, which no one could count, from every nation, race, people, and tongue. They stood before the throne and before the Lamb, wearing white robes and holding palm branches in their hands. They cried out in a loud voice: 'Salvation comes from our God, who is seated on the throne, and from the Lamb'" (Revelation 7:9–10).

### National Eucharistic Revival

The National Eucharistic Revival is a movement to restore understanding and devotion to this great mystery here in the United States by helping us renew our worship of Jesus Christ in the Eucharist. The National Eucharistic Revival website ([www.eucharisticrevival.org](http://www.eucharisticrevival.org)) has many educational resources. Look for inspirational and informational videos in our Flocknote.

### Why Does Our Parish Need Your Gift?

None of us likes to give a gift that is not needed. That is why we spend so many hours shopping for just the perfect gift. So it is understandable that you might ask, "Does the parish need my gift? Does my weekly financial contribution make a difference?" Here are some of the ways your gift is needed and does make a difference. Your contributions to the Cathedral help:

- Pay staff salaries so that the ordained clergy have more time to visit the sick and comfort those who truly need to feel Christ in their lives at this time (approximately \$50,000 a month)
- Pay the utility bills that keep the lights on and the rooms warm (or cool) for all those who gather here for prayer, education or social ministry; last month, utility bills amounted to \$62,000 for the year.

### QR Code for Parking

Parking Validation for Saturday & Sunday Mass ONLY



Valid until June 30, 2023

When you park in the VCU Deck (801 W. Main St.), you must do the following:

- 1 - PULL & KEEP A TICKET TO ENTER DECK
- 2 - Use this code from this bulletin **OR**
- 3 - Take a photo of the code with your smart phone
- 4 - When leaving the deck, insert your ticket first, then when asked for payment, scan the code and the gate will open.