

The CATHEDRAL of the SACRED HEART

Dedicated on Thanksgiving Day (1906)
Serving Virginia Commonwealth University
Twinning with St. Paul's, Carissade, Haiti

FOURTH SUNDAY OF EASTER

April 30, 2023

Most Reverend Barry C. Knestout
Bishop of Richmond

Very Reverend Anthony E. Marques
Rector

823 Cathedral Place, Richmond, VA 23220

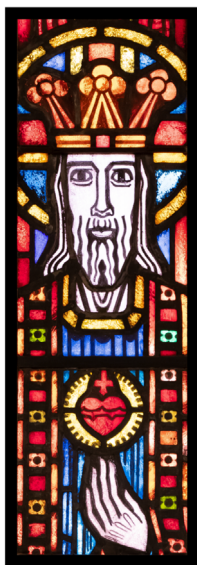
www.richmondcathedral.org

Office: (804) 359-5651

Emergency: (804) 254-0699

Monday–Friday: 9:00 a.m.–4:30 p.m.

To register as a parishioner, visit: bit.ly/jointhecathedral



Christ the King window in the Cathedral (1931)

MASSES

Tuesday, Thursday, Friday: 12:00 N

Wednesday: 6:30 p.m.

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m., 5:00 p.m.

EUCCHARISTIC ADORATION

Tuesday: 6:00–7:00 p.m.

CONFESSIONS

Wednesday: 5:30–6:30 p.m.

Saturday: 4:00–5:00 p.m.

Good Shepherd Sunday

The Fourth Sunday of Easter is traditionally known as Good Shepherd Sunday since the Church reads from the Good Shepherd Discourse in the Gospel of John (10:1–19, 25–30). There, Christ declares: “I am the good shepherd. A good shepherd lays down his life for the sheep (John 10:11).

The Church also designates the Fourth Sunday of Easter as the World Day of Prayer for Vocations, and so we ask God to provide more holy shepherds for his Church. In this regard, we recall the teaching of Vatican Council II regarding the importance of the family in promoting priestly and religious vocations: “The family is, so to speak, the domestic church. In it parents should, by their word and example, be the first preachers of the faith to their children; they should encourage them in the vocation which is proper to each of them, fostering with special care a vocation to a sacred state” (*Lumen Gentium*, no. 11).

Rector: Very Rev. Anthony Marques.....tmarques@richmonddiocese.org

Deacons: Rev. Mr. Christopher Malone...cmalone@richmondcathedral.org

Rev. Mr. Mark Matte.....mcmatte@verizon.net

Baptisms and Catechesis: Joy Weir.....jweir@richmondcathedral.org

RCIA: Maria Thorsen.....mthorsen@richmondcathedral.org

Weddings: Janice Guzman.....afw@richmondcathedral.org

Music: Daniel Sañez.....dsanez@richmondcathedral.org

VCU Campus Ministry: Chris Spilka.....cspilka@richmonddiocese.org

Office Manager: Christopher Ferrara.....cferrara@richmondcathedral.org

Business Manager: Tiffany Baham.....tbaham@richmondcathedral.org

Bookkeeper: Lisa Hearl.....lhearl@richmondcathedral.org

Facilities: Patrick Garrett.....pgarrett@richmondcathedral.org

John Marike.....jmarike@richmondcathedral.org

Finance Council: Rosie Sinclair.....rbsinclair28@gmail.com

QR Code for Parking

Parking validation for Saturday and Sunday Masses only.



Valid until June 30, 2023

When parking in the VCU Deck (801 W. Main St.):

1. Pull and keep a ticket to enter deck
2. Use this code from this bulletin or:
3. Take a photo of the code with your phone
4. When leaving the deck, insert your ticket first, then when asked for payment, scan the code and the gate will open.

PARISH LIFE

Saturday, April 29

- 4:00 p.m. Confessions
- 5:00 p.m. Mass (*pro populo*)

Sunday, April 30: Fourth Sunday of Easter

- 9:00 a.m. Mass (+Ann Voigt) ([Cathedral Facebook Livestream](#))
- 10:05 a.m. Pre-K–middle school catechesis
- 11:00 a.m. Mass (+James and Catherine Thorsen)
- 12:15 p.m. First Holy Communion preparation
- 2:00 p.m. High school youth group (St. Elizabeth Catholic Church)
- 5:00 p.m. Mass (+Nancy Malone)

Monday, May 1

- No Mass
- 7:00 p.m. Bible study (bit.ly/easterjbs)

Tuesday, May 2

- 12:00 N Mass (+collective month's mind)
- 6:00 p.m. RCIA
- 6:00 p.m. Eucharistic adoration

Wednesday, May 3

- 7:30 a.m. Lauds (Morning Prayer) (bit.ly/cshlauds)
- 5:30 p.m. Confessions
- 6:30 p.m. Mass (+Donald and Norma Stone)

Thursday, May 4

- 12:00 N Mass (Msgr. Mark Lane)

Friday, May 5

- 12:00 N Mass (+Clifford Baham)
- 7:30 p.m. VCU Health Orchestra Concert

Saturday, May 6

- 10:00 a.m. First Holy Communion rehearsal and retreat
- 4:00 p.m. Confessions
- 5:00 p.m. Mass

Sunday, May 7: Fifth Sunday of Easter

- 9:00 a.m. Mass (+Allen West) ([Cathedral Facebook Livestream](#))
- 10:05 a.m. Pre-K–middle school catechesis
- 11:00 a.m. Mass (+Bruna Bullock)
- 5:00 p.m. Mass (*pro populo*)

Intercessory Prayers

Sick: Aleen Causieestko, Joan Debiasi, Mary Drexler, Jake Einwechter, Frank Fletcher, Bill Fox, Margaret Huber, Bobby Locke, Madeline Peace, James Raber, Peggy Ross, Lee Wexler, Michele Whitehurst.

Rite of Christian Initiation of Adults (RCIA): Autumn Barrick, Chelsey Cocke, Amy Inman, Hunter Knight, Jill Kraiss, Anastasia Madden, Rangle Rivera, Jonathan Williams.

2023 Diocesan Appeal

We are at \$41,315 (67% of our goal). Let's work on making it to our goal of \$61,440 or even surpassing it. We receive back from the parish share 20% for anything collected up to the goal and 50% for anything collected over the goal. Scan the QR Code to donate or go to <https://richmondcatholicfoundation.org/appeal/>. Please reference The Cathedral of the Sacred Heart in the memo line.



WEEKLY OFFERTORY COLLECTION

Fiscal Year 2022–2023

Regular Offertory	Last Week	Year-to-Date
Amount Budgeted	\$ 17,419	\$ 810,774
<u>Amount Received</u>	<u>\$ 10,717</u>	<u>\$ 845,173</u>
Difference	-\$ 6,702	\$ 34,399

We are \$92,686 below last year, a 10% decrease in Offertory collections.

Cathedral Preservation	\$320	\$42,236
Social Justice		
Poor and Needy	\$326	\$40,050
Haiti	\$50	\$20,990
Catholic Campus Ministry	\$64	\$6,527
Religious Education	\$9	\$2,288

Upcoming special and second collections:

- May 14: Cathedral Preservation
- May 20: Diocesan Home Missions

YOUNG ADULTS

May 1 Easter Bible Study | Cathedral of the Sacred Heart
Mondays, May 1–May 15 | 7:00–8:30 p.m.
Free, but please register: bit.ly/easterjbs

May 21 Eucharistic Adoration | St. Bridget Catholic Church
7:00 p.m. | 6006 Three Chopt Rd.

Fraudulent Email Warning

Please be aware that fraudulent emails requesting gift cards are circulating, claiming to be from Cathedral staff. Please disregard these emails and report them as fraudulent, and be sure to carefully check that email addresses claiming to be staff members are correct.

VCU Catholic Campus Ministry Update

On April 22, the students of CCM took part in an Earth Day service project along the Buttermilk Trail. We want to thank the students for their help in removing some of the invasive plants in the area. We have a couple of other events that we would like students to be aware of as we move towards the end of the semester.

Senior Send-Off (May 3, 4:00–5:30 p.m.): Come and celebrate our seniors that have given so much to the CCM program over the years. We will begin with a social (food included) and celebrate our seniors in a variety of ways after that. This event will take place at the CCM house.

Baccalaureate Mass (May 14, 11:00 a.m.): Senior students and families are encouraged to attend at the Cathedral.

Lastly, if you are a student who has not participated in CCM activities before, we encourage you to contact Chris Spilka about joining next semester (cspilka@richmonddiocese.org). He would be happy to meet with you and he encourages you to take advantage of this offer because there is always free coffee involved at Blanchard's or Alchemy.

Flowers

The flowers gracing the Mary chapel this weekend were given in memory of
James and Catherine Thorsen

Mary's Month

May is dedicated to the Blessed Virgin Mary. This month includes the feast of Our Lady of Fatima (May 13), which commemorates her apparition to the Portuguese shepherd children (1917), and the feast of the Visitation (May 31). It is praiseworthy to sing the *Regina Caeli* ("Queen of Heaven") antiphon throughout the Easter season, especially during May. This same prayer may also be used as a personal devotion:

Queen of heaven, rejoice, alleluia.

*The Son whom you merited to bear, alleluia,
has risen as he said, alleluia.*

Rejoice and be glad, O Virgin Mary, alleluia!

For the Lord has truly risen, alleluia!

A Prayer Companion for the Easter Season

The National Eucharistic Revival website (eucharisticrevival.org) has a prayer companion designed to help you spend thirty minutes to an hour in meditation and silent prayer with Jesus during Eucharistic adoration. Even if you cannot be physically present in a church or adoration chapel with the Blessed Sacrament, you can unite yourself spiritually to Jesus in the Eucharist as you spend this time in prayer. Each week you'll be invited to reflect on a rite or part of the Mass and an excerpt from the Sunday Gospel: bit.ly/EMeditation3

Lauds (Morning Prayer)

Wednesdays | 7:30 a.m. | Zoom: bit.ly/cshlauds

Join us on Zoom at 7:30 a.m. for morning prayer. The prayer time lasts about 20 minutes, and has become a weekly habit for the past two years for about a dozen parishioners. It is a friendly, welcoming group and we love to see new faces.

Saturday Confessions

The sacrament of Penance will be permanently available on Saturday afternoons (4:00–4:45 p.m.) in addition to Wednesdays at 5:30 p.m.

First Holy Communion

Sunday, May 7 | 9:00 a.m.

The children of the parish will receive their First Holy Communion on Sunday, May 7 at the 9:00 a.m. Mass. (Note: This Mass will run longer than normal.)

Please pray for the children who will receive Christ the Lord in the Eucharist. To quote Pope Benedict XVI (r. 2005–2013), "I would like to emphasize the importance of First Holy Communion. For many of the faithful, this day continues to be memorable as the moment when...they first came to understand the importance of a personal encounter with Jesus. Parish pastoral programs should make the most of this highly significant moment."

THE EUCHARIST: OUR TREASURE

"The Eucharist is the Sacrament of love. It signifies love, it produces love. The Eucharist is the consummation of the whole spiritual life."

— St. Thomas Aquinas (1225–1274)

Service Project Updates

We are collecting baby bottles for Mary's Choice RVA through Mother's Day, May 14. Bottles can be picked up and returned at the church entrance and parish hall, or dropped in the collection basket. Visit www.maryschoicerva.org to learn more about Mary's Choice.

A supplies drive for The Virginia Home will also be held from May 6–May 28. Items needed are spray or lotion sunblock (SPF 50–70), sun hats, sunglasses, sun visors, and rain ponchos. Bins will be placed at the church entrance and parish hall to drop off items.

Cathedral Social Justice Speaker Series

**Jay Brown, CEO of Commonwealth Catholic Charities
Sunday, May 21 | 12:15–1:15 p.m. | Parish Hall**

Commonwealth Catholic Charities provides services to vulnerable individuals and families throughout Virginia, regardless of faith. Services include but are not limited to: counseling, adoption, pregnancy support, rent and utilities assistance, housing resources, guardianship and senior services, foster care, refugee resettlement and immigration, job skills and placement. Jay Brown, CEO, will give a presentation about the Center's mission and work. A light lunch will be provided.

VCF Halfway to Christmas ALS Fundraiser

Sunday, June 25 | 6:30 a.m. | Chesterfield Town Center

All levels of runners and walkers are invited to participate live or virtually in Virginia Capital Fitness' inaugural ALS fundraiser. Visit bit.ly/vcfals23 to sign up. For questions, contact Frank Gerloff (FrankiegVCF@gmail.com | (804) 307-6405). For those unable to participate, donations and sponsorship gifts can be sent to parishioner Frank Gerloff:

c/o VCF/ALS Fundraiser
1841 Sealing Wax Way
Chesterfield, VA 23235

Vacation Bible School Volunteers

We need VIRTUS trained adults to help prepare, plan and execute our favorite camp of the year for children: Vacation Bible School. Teen helpers are also welcome to sign up. Every volunteer needs to attend a training session. The camp is July 10–14. The camp will be 9:00 a.m. 12:45 p.m. and the volunteer shift will be 8:30 a.m. to 1:00 p.m. To sign up, please visit bit.ly/invitedvolunteer.

Ushers

The liturgical ministry of usher facilitates the reverent and orderly celebration of Mass (*General Instruction of the Roman Missal*, no. 105). Scheduling is done conveniently online and training is provided. Parishioners who would like to serve as ushers are asked to contact Fr. Tony (tmarques@richmonddiocese.org).

CATECHESIS

CHILDREN & YOUTH

ADULT

High School Work Camp

June 12–15 | Register: bit.ly/RVAHSYG23

High school students join us for service, fellowship, fun and worship on June 12, 13, 14, and 15 at the Cathedral of the Sacred Heart and other city parishes. This is a great chance to work with other teens while serving the needs of others. The camp is just \$30 but the opportunity is priceless. Camp is for rising freshman through current seniors in high school.

Vacation Bible School 2023: “You’re Invited”

July 10–14 | Register: bit.ly/VBSInvited

Children 4 years old through rising 5th grade spend a week with crafts, games, outdoor play, fun, snacks, and Bible stories. We will have a special time in the church each day, including daily prayer. VBS runs from 8:45 a.m. to 12:45 p.m. The cost is \$25.00 per camper. Cathedral parishioners have priority registration until May 15. Sign up today.

EPIC

August 19 | Middle-school Students | Register: bit.ly/MSYGEPIC

EPIC is a one-day diocesan event for middle-school youth (rising grades 6–8). We will attend as a parish at St. Edward Catholic Church (2700 Dolfield Dr.). This event is intended to be a high-energy day that is focused on two things: building community and friendships with other middle-school youth, and encouraging zeal for our Catholic faith. Throughout the day, youth will experience everything from inflatables to a service project, relay races to Mass. They will also interact with high-school teens who attended Discipleship Week in the days prior to EPIC. At the end of the day, middle-school youth will walk away feeling excited about their community and their faith. Join us, it is going to be EPIC! To register, visit: bit.ly/MSYGEPIC.

Sacrament Corner: Holy Communion

When you receive the Eucharist, Jesus is sharing with you his Risen Life and Light, a Life stronger than death and a Light stronger than any darkness. On our way to the pew, we can pray, “Stay with me Jesus.” When we return to our pew, we can kneel in praise and gratitude.

Catechist Corner

Look for signs of new life during this season of spring. In what way could these creation signs remind you, throughout your day, of the eternal Risen Life shared with us by Jesus?

Children’s Liturgy of the Word

In the Children’s Liturgy of the Word (CLOW), we use a special book with all the readings for the year called a Lectionary. The readings are the same as the readings for Sunday Mass, but sometimes with simpler words. A benefit for young children attending CLOW is that we discuss and reflect on the readings right after we hear them while they are fresh in our memory and have an activity that helps us remember what we have heard.

Easter Bible Study

Mondays, May 1, 8, 15 | 7:00–8:30 p.m. | Parish hall

There is still time to register for the Easter Joy Bible Study, at bit.ly/easterjbs. After registration, you will receive all the scripture readings and discussion questions. There is no cost to participate. For the Bible Study, we will have a zoom and in person option that includes a young adult track.

Adult Confirmation Sessions

May 9, 17, 24 | 6:00 pm. | Parish office

Adult Confirmation is for Catholics who have already received Baptism and First Holy Communion. “[The sacrament] is called Confirmation because it confirms and strengthens baptismal grace” (*Compendium to the Catechism of the Catholic Church*, no. 266). “The effect of Confirmation is a special outpouring of the Holy Spirit like that of Pentecost. ...It roots the recipient more deeply in divine sonship, binds him more firmly to Christ and to the Church and reinvigorates the gifts of the Holy Spirit in his soul. It gives a special strength to witness to the Christian faith” (*Catechism of the Catholic Church*, no. 268).

Please contact Maria Thorsen (mthorsen@richmondcathedral.org) for more information.

RCIA Inquiry Sessions

May 10, June 7, July 12, August 9 | 6:00 pm. | Office

Are you or anyone you know interested in becoming Catholic? The Cathedral of the Sacred Heart offers a process called the Rite of Christian Initiation of Adults (RCIA); this is an opportunity to come together in a small group to learn about the Catholic faith. Sessions focus on Catholic teachings, scripture reflections, faith sharing, and prayer. This spiritual journey is for adults who have not been baptized, those who have been baptized in another faith tradition and adults who were baptized Catholic, but have not received the sacrament of Confirmation. Please come to a session to inquire about the RCIA process.

Adults who are open to discerning their personal experience of faith and learning more about the Catholic Church are welcome to the RCIA process. If you are interested in discovering more about the Catholic faith, please contact Maria Thorsen (mthorsen@richmondcathedral.org).

Spiritual Pilgrimage with Dcn. Chris Malone September 27 – October 7, 2023

Join Dcn. Christopher Malone on a spiritual pilgrimage to Lourdes, France, Spain, and Portugal to visit our Blessed Virgin Mary’s many gorgeous shrines. This is an 11-day tour, September 27–October 7, 2023, for \$4,399, including airfare, 4-star hotels, daily prayers, arrangements for Mass, local tours, breakfast, dinner, and more. Reservations are available now. Spaces are limited. For further information, please contact Alba Kim (804-298-4035 | tours@albastours.com | albastours.com)