

CATHEDRAL *of the* SACRED HEART

Dedicated on Thanksgiving Day, 1906
Serving Virginia Commonwealth University
Twinning with St. Paul's, Carissade, Haiti

THE SOLEMNITY OF THE ASCENSION OF THE LORD

May 12, 2024

Most Reverend Barry C. Knestout
Bishop of Richmond

Very Reverend Anthony E. Marques
Rector

823 Cathedral Place, Richmond, VA 23220

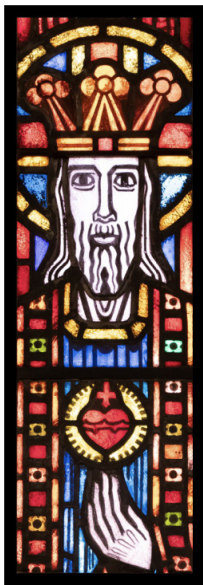
www.richmondcathedral.org

Office: (804) 359-5651

Emergency: (804) 254-0699

Monday–Friday: 9:00 am – 4:00 pm

To register as a parishioner: bit.ly/jointhecathedral



Christ the King window in the Cathedral (1931)

MASSES

Tuesday–Friday: 12:00 N

Saturday: 5:00 pm

Sunday: 9:00 am, 11:00 am, 5:00 pm

CONFESSIONS

Wednesday: 6:00–7:00 pm

Saturday: 4:00–4:45 pm

EUCCHARISTIC ADORATION

Wednesday: 6:00–7:00 pm

Ascension

“Christ’s ascension marks the definitive entrance of Jesus’ humanity into God’s heavenly domain, whence he will come again (Acts 1:11) .. Jesus Christ, the head of the Church, precedes us into the Father’s glorious kingdom so that we, the members of his Body, may live in the hope of one day being with him for ever” (*Catechism of the Catholic Church*, nos. 665–666).

Rector: Very Rev. Anthony Marques.....tmarques@richmonddiocese.org

Deacons: Rev. Mr. Christopher Malone...cmalone@richmondcathedral.org

Rev. Mr. Mark Matte.....mmatte@richmondcathedral.org

Baptisms and Catechesis: Joy Weir.....jweir@richmondcathedral.org

RCIA: Maria Thorsen.....mthorsen@richmondcathedral.org

Weddings: Janice Guzman.....afw@richmondcathedral.org

Music: Daniel Sáñez.....dsanez@richmondcathedral.org

VCU Campus Ministry: Chris Spilka.....cspilka@richmonddiocese.org

Office Manager: Katherine Leer.....kleer@richmondcathedral.org

Bookkeeper: Lisa Hearl.....lhearl@richmondcathedral.org

Facilities: John Marike.....jmarike@richmondcathedral.org

Finance Council: Rosie Sinclair.....rbsinclair28@gmail.com

QR Code for Parking

Parking validation for Saturday and Sunday Masses only.



Valid until June 30, 2024

When parking in the VCU Deck (801 W. Main St.):

1. Pull and keep a ticket to enter deck
2. Use this code from this bulletin or:
3. Take a photo of the code with your phone
4. When leaving the deck, insert your ticket first, then when asked for payment, scan the code and the gate will open.

COMMUNITY

CALENDAR

Saturday, May 11	Sixth Week of Easter
4:00 pm	Confessions
5:00 pm	Ascension of the Lord Mass (+Antonio Evola)
Sunday, May 12	Ascension of the Lord
9:00 am	Mass (+Elena Curran) Cathedral Facebook Livestream
11:00 am	CCM Baccalaureate Mass
5:00 pm	Mass (<i>pro populo</i>)
Monday, May 13	Our Lady of Fatima
12:00 N	No Mass
6:00 pm	Knights of Columbus meeting
Tuesday, May 14	St. Matthias
12:00 N	Mass (Robert and Barbara Frasher)
Wednesday, May 15	St. Isidore
7:30 am	Lauds (bit.ly/cshlauds)
12:00 N	No Mass
6:00 pm	Baptism information session Adoration and confessions
Thursday, May 16	Seventh Week of Easter
12:00 N	Office closed Mass (+Dennis Hiary)
Friday, May 17	Seventh Week of Easter
12:00 N	Office closed No Mass

INTERCESSORY PRAYERS

Pope's monthly intention (May): For the formation of religious and seminarians: We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

Sick: Frank Fletcher, Richard Herberle, Margaret Huber, Allison Leighton, Madeline Peace, Elizabeth Storm, Eugene Trani.

Rite of Christian Initiation of Adults (RCIA):

Inquirers: Jason Austin, Hong Chi, Lawrence Creech, James Gropp, Bradford Morrison; catechumen: Menelik Glover; full communion: Jill Kraus, Reed Lutow, Karen Rubins, Faith Skibins, Maria Soringalvarro, Avery Witherow; Confirmation and First Communion: Nina LaPres, Izamar Martinez, Louis Moelchert III, Brande Morrison, Angelica O'Neill.

YOUNG ADULTS

May 11	YA Service Project 9:00 am – 12:00 N Cathedral
May 15	Adoration and confessions 6:00 pm Cathedral
June 4	Theology on Tap 6:00–7:00 pm Strangeways Brewing, Dabney Road
August 2–3	Ridge Retreat St. Michael's Catholic Church
October 18–20	YA Retreat Kill Devil Hills, NC

For more information, visit evangelizerichmond.org/young-adults.

FINANCIAL CONTRIBUTIONS

Fiscal Year 2023–2024

	May 4–5	Year-to-Date
Weekly amount budgeted	\$17,000	\$759,915
Weekly amount received	<u>\$13,768</u>	<u>\$842,169</u>
	–\$3,232	\$82,254

The orchids in the sanctuary provide a glimpse of how the parish seeks to be a good steward of parishioners' contributions. The orchids last from Holy Week to the summer. This year, the orchids cost \$1,280 and have provided a beautiful enhancement for over two months at a great value. Parishioners may contribute to the flower fund throughout the year by making an online donation (<https://secure.myvanco.com/L-ZABM/home>), or by check.

Grant Opportunity

May 31 deadline

Each year, a portion of the Poor and Needy funds donated by parishioners is used to fund small grants to local organizations providing services to the poor and needy. Grant applications are invited from local agencies that serve the needs of the poor. Applications are reviewed and recommendations for award amounts from available funds are made by the Social Justice Committee for review and approval by Fr. Tony. Approved awards are made in late June each year. Information regarding application for grants can be found on the parish website (<https://www.richmondcathedral.org/get-involved-service/>).

Annual Parish Picnic

June 9 | 12:00 N | Cathedral

Hamburgers, hotdogs, veggie burgers, ice cream, cake walk, music, and fellowship.

Donate to the Parish Picnic Raffle: Help us come up with items to raffle at the picnic to help create excitement and offset the costs of the picnic. <https://bit.ly/3WCZZWH>

Volunteer at the Parish Picnic: Help leading up to the picnic or the day itself. Lots of shifts allow for everyone to help and still enjoy the fun day. <https://bit.ly/ppvolunteer24>

Cursillo Men's Retreat

June 21–23 | Sacred Heart Catholic Church,

Prince George

Cursillo is a three-day retreat that is fully sanctioned by the Catholic Church and the Diocese of Richmond. The retreats are put on by lay Catholics with the assistance of clergy. Anyone in good standing with the church is eligible to attend. If you are interested in learning more about Cursillo or participating in a weekend, please contact the Central Virginia Coordinating Committee at (804) 530-3546, or contact Jon Stier (jonfstier@gmail.com).

WORSHIP

Notes for the Choir Loft

Sunday's Motet

For the Solemnity of the Ascension of the Lord, the Cathedral Choir performs three motets. *Non Conturbetur Cor Vestrum* by French polyphonic master Pierre de Manchicourt (ca. 1510–1564) is taken from the Gospel of John (14:16, 17), and prefigures the descent of the Holy Spirit as Christ rises into heaven: "Do not let your hearts be troubled.... I will send you the Spirit of truth." *Ascendens Christus*, written by Jacob Handl (ca. 1550–1591), is a spirited, energetic setting befitting an Ascension motet. Finally, the choir performs Gregor Aichinger's (ca. 1565–1628) beloved *Regina Caeli* in honor of our Blessed Mother, a rousing work that has become a Cathedral favorite.

Cathedral Foundation Organ Campaign

Turning "Pipe" Dreams Into Reality

The prominent façade pipes of the new gallery organ have been installed. Although the instrument may appear to be complete, the rest of the pipework behind the façade pipes still need to be inserted before voicing begins. ("Voicing" is the process by which each of the 4,336 pipes is made to sound optimally in a space.) This final step will conclude by Labor Day.

Mary's Month

May is dedicated to the Blessed Virgin Mary. This month includes the feast of Our Lady of Fatima (May 13), which commemorates her apparition to the Portuguese shepherd children (1917), and the feast of the Visitation (May 31).

Throughout this month, parishioners are encouraged to place flowers on the Mary altar, where vases are available.

The *Regina Caeli* (Queen of Heaven) antiphon will be sung before all Masses during May:

Queen of heaven, rejoice, alleluia.

The Son whom you merited to bear, alleluia,
has risen as he said, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia!

Come Holy Spirit

Traditionally, the time between the Ascension of the Lord (May 12) and Pentecost Sunday (May 19) is one of prayer for the Church, asking God for a new outpouring of the Holy Spirit. Parishioners are encouraged to pray for the Church during this next week.

Prayer to the Holy Spirit

V./ Come, Holy Spirit, fill the hearts of your faithful.

R./ And enkindle in us the fire of your love.

V./ Send forth your Spirit and we shall be created.

R./ And you shall renew the face of the earth.

Let us pray:

O God,
who instructed the hearts of the faithful by the light of your divine Spirit,
grant us by that same Holy Spirit to be truly wise
and to rejoice in your consolation through the same Christ, our Lord.
Amen.

SERVICE

Mary's Choice RVA Baby Bottle Campaign May Service Project

Our ministry has so far served 20 women, and 16 children have been given the gift of life. We eagerly await the arrival of 4 more babies in the coming months. We would be so grateful for your support for these moms and their children. To donate, please return your baby bottle to the Cathedral with your donation inside during the month of May or use the QR code. Checks should be made payable to Mary's Choice RVA. Thank you.



Ongoing Service Project

May 15 | 12:30–3:30 pm | Feedmore

The Social Justice Committee is coordinating a monthly service opportunity for Cathedral parishioners on the third Wednesday each month at Feedmore. No special skills are required; the work involves standing at tables to assemble meal items, with some light lifting and stooping required. Come and meet fellow parishioners while providing a valuable service. Please sign up by the Monday prior to service date at <https://bit.ly/feedmoreservice>. For questions, please contact Richard Robbins (crrobb28@gmail.com).

New Service Project

May 23 | 4:00–6:00 pm | Ronald McDonald House

The Ronald McDonald House (2330 Monument Avenue) is a "home-away-from-home" for families with children receiving care at area hospitals. Meals are prepared to help out families. Eight volunteers are needed to plan and cook 15 dinners for the RMHC resident families. Sign up at <https://bit.ly/SJCRMHC>. For questions, please email Christine Burroughs (cmurroughs@clarityconnect.com).

Social Justice Speaker Series

Lighting up Our Community: LightHouse RVA

June 30 | 12:15–1:15 pm | Parish Hall

Please join us for a light lunch as we hear from Emily DuBose, Executive Director of The LightHouseRVA. The mission of The LightHouseRVA is to create a safe, loving community where women in recovery from substance use disorder find joy, hope, healing and empowerment to take their next best step. Their work includes community gatherings, access to the Sunshine Shop which provides new and gently worn clothing along with feminine hygiene products and toiletries, and connection to vital resources. Registration: <https://bit.ly/Light0624>

Altar Servers

The ministry of altar server is open to children and young people who have received their First Holy Communion and who regularly attend Sunday Mass. Parents of children and young people who would like to serve Mass are asked to contact Fr. Tony (tmarquess@richmonddiocese.org).

CATECHESIS

CHILDREN & YOUTH

Baptism Information Session

May 15 | 10:15–10:45 am | Parish office

Parents seeking baptism for their child(ren) ages 0–6 are invited to a short information session in the parish hall. The presentation will review the steps involved in having a child baptized.

Middle and High School Teens Trip

June 13 | 3:00–10:00 pm | Kings Dominion, Doswell

Let's celebrate the end of the year. We will meet at St. Paul's Catholic Church, enjoy the park until 9:30 pm and return to St. Paul's for pick-up. The cost is \$50 per person. Registration: <https://bit.ly/KDLetsgo>

High School Work Camp

June 24–28 | All Saints School, Richmond

Be a peer mentor to a student with limited or interrupted formal education. Teens are still needed. Mentors do not teach, but encourage and support the students. Each day will start at 8:30 am and peer mentors are encouraged to stay for lunch. Please email Joy Weir (jweir@richmondcahedral.org) for registration link and full schedule.

Vacation Bible School

July 9–12 | 8:45 am – 12:45 pm | Cathedral

<https://bit.ly/VBSSaints>

Cathedral parishioners have priority registration (see above) now through May 15. Children ages 4 to rising 5th grade are welcome.

The theme this year is "Summer with the Saints: Our Friends in Glory." We will learn about a new saint each day; enjoy crafts, snacks, music, and outdoor games; and do special service projects. We will also attend daily Mass. \$25 per student. Space is limited. For more information, please contact Joy Weir (jweir@richmondcahedral.org).

First Holy Communion

This sacrament normally takes place when a child is seven years old and in second grade. It is preceded by the sacrament of Penance. To receive First Penance and First Holy Communion, a child must already be baptized in the Catholic Church and enrolled in catechesis (home, parish, or Catholic school). Several preparation sessions are also required. Preparation for First Penance takes place in January and preparation for First Holy Communion takes place in April. Registration: <https://bit.ly/RE2425>

Catechetical Corner

Registration for religious education (catechesis) is open. Children ages 4 years old through rising high school seniors should register unless they attend Catholic school or are in a homeschool religious education program. Catechesis for all students starts on September 15, and all classes meet from 10:05 to 10:55 am (in between the 9:00 am and 11:00 am Masses). Registration: <https://bit.ly/RE2425>

ADULT

Easter Duty

"All the faithful, after they have been initiated into the Eucharist, are obliged to receive Holy Communion at least once a year. This precept must be fulfilled in paschal time, but for a just cause it may be fulfilled at another time of year" (*Code of Canon Law*, canon 920).

This Easter Duty applies to all who have made their First Holy Communion, and who can receive the Eucharist. In the United States, the Easter Duty must be fulfilled between Palm Sunday (March 24) and Trinity Sunday (May 26). Similarly, "After having reached the age of discretion [approximately age seven], each member of the faithful is obliged to confess faithfully his or her grave sins at least once a year" (canon 989).

Receiving Holy Communion

The National Eucharistic Revival seeks to help American Catholics deepen their devotion to the Eucharist. The reverence shown in receiving Holy Communion professes the Catholic belief that Christ is truly present in the Eucharist: body and blood, soul and divinity (Council of Trent, 1551).

"When receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister. The consecrated host may be received either on the tongue or in the hand, at the discretion of each communicant. ... The Priest raises the host slightly and shows it to each, saying, The Body of Christ. The communicant replies, Amen, and receives the Sacrament either on the tongue or, where this is allowed, in the hand, the choice lying with the communicant. As soon as the communicant receives the host, he or she consumes the whole of it" (*General Instruction of the Roman Missal*, nos. 160 §3, 161).

Anointing of the Sick

"The sacrament of Anointing of the Sick has as its purpose the conferral of a special grace on the Christian experiencing the difficulties inherent in the condition of grave illness or old age" (*Catechism of the Catholic Church*, no. 1527).

The Anointing of the Sick should be administered when someone becomes seriously ill or weak because of old age; the sacrament should not be delayed until the verge of death. A person may be anointed in the case of a mental illness or before surgery, if the reason for the surgery is a serious condition or if the person is elderly. The sacrament may also be received if a person recovers from an illness and falls ill again, or if the same illness worsens (*Pastoral Care of the Sick: Rites of Anointing and Viaticum*, nos. 9–11, 53).

Lay Vocation

Vatican Council II (1962–1965) taught that lay people have their own grand and noble calling—to consecrate human civilization to God through daily life and work: "The laity... seek the kingdom of God by engaging in temporal affairs and by ordering them according to the plan of God. They live in the world... in all of the secular professions and occupations. They live in the ordinary circumstances of family and social life... They are called there by God that... they may work for the sanctification of the world from within as a leaven" (*Lumen gentium*, no. 31 §2).

Cathedral Parish Picnic

SUNDAY, JUNE 9
Cathedral Place

The picnic will begin immediately after the
11:00 am Mass.

Join us for a delightful gathering with hotdogs,
hamburgers, veggie burgers, an ice cream truck, music,
cakewalk, raffle, and fellowship.

In the event of rain, the picnic will be held in the parish hall.