

# CATHEDRAL *of the* SACRED HEART

Dedicated on Thanksgiving Day, 1906  
Serving Virginia Commonwealth University  
Twinning with St. Paul's, Carissade, Haiti



## FOURTEENTH SUNDAY IN ORDINARY TIME

July 6, 2025

Most Reverend Barry C. Knestout  
Bishop of Richmond

Very Reverend Anthony E. Marques, VF  
Rector

823 Cathedral Place, Richmond, VA 23220

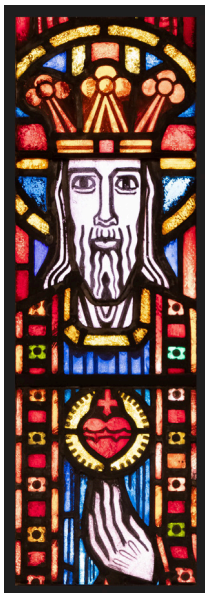
[www.richmondcathedral.org](http://www.richmondcathedral.org)

Office: (804) 359-5651

Emergency: (804) 254-0699

Monday–Friday: 9:00 am – 4:00 pm

Parish registration: [bit.ly/jointhecathedral](https://bit.ly/jointhecathedral)



*Christ the King window in the Cathedral (Rambusch, 1931)*

### MASSES

Tuesday–Friday: 12:00 N

Saturday: 5:00 pm

Sunday: 9:00 am, 11:00 am, 5:00 pm

### CONFESSIONS

Wednesday: 6:00–7:00 pm

Saturday: 4:00–4:45 pm

### EUCCHARISTIC ADORATION

Wednesday: 6:00–7:00 pm

## **“Keep Moving Forward”: A Holy Hour in Commemoration of St. Junípero Serra Tuesday, July 11 | 6:00 pm**

Each month, a holy hour takes place that includes Exposition of the Most Holy Eucharist, Scripture readings, sacred music, silent prayer, and benediction. The holy hour is a way to deepen one's love and appreciation for the Eucharist, which is Christ himself.

This month's holy hour will focus on St. Junípero Serra (1713–1784), whose feast day is July 1. Father Serra was a Franciscan missionary priest from Spain who evangelized much of California. Pope Francis canonized Junípero Serra in 2015, in what was the first canonization ever conducted in the United States. As Pope Francis said on that occasion, “Father Serra had a motto which inspired his life and work... *siempre adelante!* Keep moving forward! For him, this was the way to continue experiencing the joy of the Gospel.”

Rector: Very Rev. Anthony Marques.....[tmarques@richmonddiocese.org](mailto:tmarques@richmonddiocese.org)  
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### QR Code for Parking

Parking validation for Saturday and Sunday Masses only.



Valid until June 2026

VCU West Main Deck (801 W. Main St.):

1. Pull and keep a ticket to enter deck
2. Use this code from this bulletin or:
3. Take a photo of the code with your phone
4. When leaving the deck, insert your ticket first, then when asked for payment, scan the code and the gate will open.

## COMMUNITY

### CALENDAR

|                          |  |
|--------------------------|--|
| <b>Saturday, July 5</b>  | <b>St. Anthony Zaccaria,<br/>St. Elizabeth of Portugal</b>           |
| 2:00 pm                  | Wedding<br>(John Shobe IV, Abigail Twining)                          |
| 4:00 pm                  | Confessions  |
| 5:00 pm                  | <b>14<sup>th</sup> Sunday of Ordinary Time</b><br>Mass (+Mary Fagan) |
| <b>Sunday, July 6</b>    | <b>14<sup>th</sup> Sunday of Ordinary Time</b>                       |
| 9:00 am                  | Mass (+Allen West)<br><a href="#">Cathedral Facebook Livestream</a>  |
| 11:00 am                 | Mass (+Bruna Bullock)  |
| 12:00 N                  | Social Justice Committee   |
| 5:00 pm                  | Mass ( <i>pro populo</i> )   |
| <b>Monday, July 7</b>    | <b>14<sup>th</sup> Week of Ordinary Time</b>                         |
| 12:00 N                  | No Mass  |
| <b>Tuesday, July 8</b>   | <b>14<sup>th</sup> Week of Ordinary Time</b>                         |
| 12:00 N                  | Mass (+collective month's mind)                                      |
| 6:00 pm                  | Monthly holy hour  |
| <b>Wednesday, July 9</b> | <b>St. Augustine Zhao Rong<br/>and Companions</b>                    |
| 7:30 am                  | <a href="#">Lauds</a>  |
| 9:00 am                  | Work and prayer  |
| 12:00 N                  | Mass (+John Kasey)   |
| 6:00 pm                  | Adoration and confessions  |
| <b>Thursday, July 10</b> | <b>14<sup>th</sup> Week of Ordinary Time</b>                         |
| 12:00 N                  | Mass (+Rolph Sankar)   |
| <b>Friday, July 11</b>   | <b>St. Benedict</b>  |
| 9:00 am                  | Mass   |

### INTERCESSORY PRAYERS

**Pope's monthly intention (July):** For formation in discernment. Let us pray that we might again learn how to discern, to know how to choose paths of life, and reject everything that leads us away from Christ and the Gospel.

**Sick:** Anita Adam, Richard Heberle, Margaret Huber, Madeline Peace, Elizabeth Storm.

**Order of Christian Initiation of Adults (OCIA):** Inquirers: Clay Harris, Daniel Humphrey, Blake Kazenski, Blake Keller, Jeorgia Lamb, Jordan Wilson; Catechumens: Fabrizio Jimenez, Sara Omer, Sara Papa, Aiden Sangiray, Josh Singh, Steven Taylor; Candidates for Full Communion: Julia Lucenti, Corina Nuckols, Stacie Stockton; Candidates for Confirmation and the Eucharist: Idania Espinoza, Andrew Farrell, William Roebuck.

### YOUNG ADULTS

|                     |  |
|---------------------|--|
| <b>July 8</b>       | Monthly holy hour   6:00 pm   Cathedral  |
| <b>July 9</b>       | Adoration and confessions   6:00 pm   Cathedral  |
| <b>July 15</b>      | Biking for Babies   6:30–8:00 pm   Cathedral   |
| <b>August 6</b>     | Wine and Pizza   7:00–8:30 pm   Cathedral Plaza  |
| <b>August 22–23</b> | Recent Graduate Retreat  <br>St. Michael Catholic Church, Glen Allen  <br>Registration: <a href="http://www.evangelizerichmond.org">www.evangelizerichmond.org</a> |

For more information visit:

<https://evangelizerichmond.org/young-adults/>

### FINANCIAL CONTRIBUTIONS

Fiscal Year 2025  
(July 1, 2024 – June 30, 2025)

#### Offertory Collection

|                        | June 28-29      | Year-to-Date     |
|------------------------|-----------------|------------------|
| Weekly amount budgeted | \$18,500        | \$962,000        |
| Weekly amount received | <u>\$17,155</u> | <u>\$905,030</u> |
|                        | –\$1,345        | –\$56,970        |

Second collection: Cathedral Preservation Fund (July 12–13)  
This fund supports routine maintenance and smaller capital projects.

The finance council approved a \$1.7 million budget for the new fiscal year (July 1, 2025 – June 30, 2026). This new budget projects an increase in Offertory income, on average, of \$18,825 per week to meet normal operating expenses (e.g., payroll, utilities, insurance). The largest spending increases in the budget are in payroll so that the parish staff members continue to receive fair compensation for their good work. The generosity of parishioners is appreciated, and the parish is committed to being a good steward of the donations it receives.

### Mission Cooperative Appeal July 19–20

The Mission Cooperative Program of the Diocese of Richmond assists smaller, rural parishes by pairing them with larger parishes for financial support.

As part of this initiative, Fr. Renier Supranes will celebrate weekend Masses in two weekends from now, and a second collection will be taken up to support the four churches of Holy Family parish in southwest Virginia where he serves as pastor: St. Theresa, Tazewell; St. Elizabeth, Pocahontas; St. Mary, Richlands; and St. Joseph, Grundy.

### Pilgrimage to the National Shrine in Washington, DC August 15

Pilgrimage to Basilica of the National Shrine of the Immaculate Conception in Washington, DC for the Mass of the Assumption of the Blessed Virgin. The pilgrimage will include a late lunch at Park Lane Traven in Fredericksburg.

This pilgrimage is sponsored by the Catholic Golden Age – Our Lady of Peace Chapter in Richmond. The cost is \$60, which does not include lunch at Park Lane Traven on the way home. Reservations and payment must be received by Wednesday July 16. Come join us for this beautiful occasion. Please call Peggy Nitz for complete details at (804) 272-0769.

### Diocesan Job Opening Administrative Assistant

The Catholic Diocese of Richmond is seeking a full time Internal Administrative Assistant for the Office for Evangelization, in Richmond, Virginia. For the full ad and how to apply, please click <https://bit.ly/3GHLNpq> For any questions, please contact Kelly Shumate, HR Generalist / Recruiter at [jobs@richmonddiocese.org](mailto:jobs@richmonddiocese.org)

## WORSHIP

### Ordinary Time

The term Ordinary Time translates the Latin *tempus per annum*: literally, “time through the year.” Ordinary Time is the season of the liturgical year that is not tied to a particular feast or preparation for a feast (Advent, Christmas, Lent, and Easter).

“Apart from those seasons having their own distinctive character, thirty-three or thirty-four weeks remain in the yearly cycle that do not celebrate a specific aspect of the mystery of Christ. Rather, especially on the Sundays, they are devoted to the mystery of Christ in all its aspects. This period is known as Ordinary Time” (*General Norms for the Liturgical Year and Calendar*, no. 43).

### Eucharistic Adoration

#### Wednesdays | 6:00–7:00 pm

The worship of the Most Blessed Sacrament outside of Mass, usually when it is exposed on the altar, is called Eucharistic adoration. This worship of the Eucharist flows from Mass and leads back to it.

“Exposition of the Most Holy Eucharist... encourages the acknowledgement of Christ’s wonderful presence in and invites us to a union of heart with him that reaches its summit in sacramental Communion” (*Holy Communion and Worship of the Eucharistic Mystery outside Mass*, no. 82).

### When to Receive Holy Communion

Catholics are obligated to attend Mass on Sundays and on holy days of obligation but are not obligated to receive Holy Communion (*Code of Canon Law*, canon 1247).

The Church encourages the faithful to receive Holy Communion as frequently as possible, if they are properly disposed (*Instruction on Eucharistic Worship*, *Eucharisticum mysterium*, no. 37). The proper disposition includes fasting from food and drink (except for water and medicine) for one hour prior to receiving the Eucharist (canon 919 §1). A person aware of having committed a grave (mortal) sin must first confess his or her sins in the sacrament of Penance before receiving Holy Communion (canon 916).

### *O Sacrum Convivium*

O sacred banquet, in which Christ is received:  
the memory of his Passion is renewed,  
the mind is filled with grace,  
and a pledge of future glory is given to us.

*Holy Communion and the Worship of the Eucharistic Mystery outside Mass*

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## SERVICE

### July 2025 Service Project:

#### Food Drive for St. Peter’s Pro-Cathedral

The Pro-Cathedral of St. Peter (N. 8th St. and E. Grace St.) has a ministry to the homeless, providing lunch on Tuesdays and dinner on Wednesdays, as well as bags of food and snack bags.

If you would like to help with this project, the following items are needed:

- Canned chicken
- Canned tuna
- Pasta and spaghetti sauce
- Dry pasta
- Dry cereal
- Oatmeal
- Peanut butter

Items may be dropped off in the bins in the vestibule or parish hall through July 31. Thank you for your generosity.

### Biking for Babies

#### July 15 | 6:30–8:00 pm | Church, Parish Hall

The Cathedral is honored to host Biking for Babies, a pro-life organization forming young adults into missionary disciples and raising funds and awareness for pregnancy centers. Biking for Babies riders will explain their unique approach to renewing a culture of life, starting with supporting women in need and ending with hearts transformed. All are invited to attend the prayer service, talk, and dinner. Details on the event and ways to help:

<https://bit.ly/bikingforbabies25>



### Corporal Works of Mercy

There are seven corporal works of mercy: (1) feeding the hungry, (2) giving drink to the thirsty, (3) clothing the naked, (4) sheltering the homeless, (5) visiting the sick, (6) visiting the imprisoned, and (7) burying the dead. “The works of mercy are charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities” (*Catechism of the Catholic Church*, no. 2447).

Each month, the Cathedral sponsors a service project to carry out the corporal works of mercy. These deeds fulfill Christ’s teaching inscribed on the Cathedral’s façade: IF YE LOVE ME KEEP MY COMMANDMENTS (John 14:15).

### Altar servers

The ministry of altar server is open to children and young people who have received their First Holy Communion and who attend Mass each Sunday and holy day of obligation. Parents of children and young people who would like to serve Mass are asked to contact Fr. Tony for more information ([tmarques@richmonddiocese.org](mailto:tmarques@richmonddiocese.org)).

### Ushers

Ushers facilitate the reverent and orderly celebration of Mass (*General Instruction of the Roman Missal*, no. 105). Scheduling is done conveniently online and training is easily provided. Parishioners who would like to serve as ushers are asked to contact Father Tony ([tmarques@richmonddiocese.org](mailto:tmarques@richmonddiocese.org)).

# CATECHESIS

## YOUTH

### Work and Prayer

**July 9 | 9:00 am – 7:00 pm | Cathedral**

Rising 9th graders to rising 12th graders are invited to this day of service, fellowship, Mass, Eucharistic adoration, and more. Registration: <https://bit.ly/Hsworkandpray>

### Epic

**August 9 | 11:00 am – 7:00 pm | St. Joseph's Villa, Richmond**

Epic is a one-day diocesan event for middle school youth (rising grades 6–8). This event is intended to be a high-energy day that is focused on two things: (1) building community and friendships with other Catholic middle school youth, and (2) encouraging zeal for our Catholic faith. Throughout the day, youth will experience everything from inflatables to a service project, relay races to Mass. Registration: <https://bit.ly/Cathedralepic25> Deadline to register is July 12.

### Baptism Information Session

**July 27 | 12:15–12:45 pm | Parish Hall**

Parents seeking baptism for their child are invited to attend a baptism information session. The requirements for parents and godparents, along with scheduling details, are explained. A brief tour of the parish spaces is also available.

### Weekly Catechesis

Registration for catechesis (religious education) this fall is open. Classes are available for children ages 4 years old through rising high school seniors. Weekly classes begin September 7, and all classes meet from 10:05 to 10:55 am (between the 9:00 and 11:00 am Masses). Registration: <https://bit.ly/PREK-HSCat>.

### First Penance and First Holy Communion

First Holy Communion normally takes place when a child is seven years old and in second grade. It is preceded by the sacrament of Penance. To receive First Penance and First Holy Communion, a child must already be baptized in the Catholic Church and enrolled in catechesis (home, parish, or Catholic school). Several preparation sessions are also required. Preparation for First Penance takes place in January and preparation for First Holy Communion takes place in April. Registration: <https://bit.ly/PREK-HSCat>

### Confirmation

The sacrament of Confirmation is normally received at age fifteen and in tenth grade. To be confirmed, a young person must already be baptized in the Catholic Church and enrolled in catechesis (home, parish, or Catholic school). Preparation sessions (September–May) are also required. Registration: <https://bit.ly/PREK-HSCat>

## ADULT

### Jubilee 2025

#### Pilgrims of Hope

“Signs of hope should also be shown to the *sick*, at home or in hospital. Their sufferings can be allayed by the closeness and affection of those who visit them. Works of mercy are also works of hope that give rise to immense gratitude. Gratitude should likewise be shown to all those healthcare workers who, often in precarious conditions, carry out their mission with constant care and concern for the sick and for those who are most vulnerable (Bull of Indiction of the Jubilee Year, *Spes non confundit*, no. 11 §1).

The Jubilee Cross will remain in the sanctuary throughout the year so that the faithful can venerate it. Parishioners are encouraged to pray the Jubilee prayer that has been placed near the Cross.

#### Marriage in the Church

“Since marriage establishes the couple in a public state of life in the Church, it is fitting that its celebration be public, in the framework of a liturgical celebration, before the priest (or a witness authorized by the Church), the witnesses, and the assembly of the faithful” (*Catechism of the Catholic Church*, no. 1663).

For a Catholic to be validly married, he or she must normally be married in the Church; that is, in the presence of a priest or deacon (*Code of Canon Law*, canon 1108 §1). Being married in the Church does not require that a Catholic's spouse be or become a Catholic.

I am happy to assist any couple that would like to be married in the Church.

—Fr. Tony

#### Wine and Pizza on the Plaza

**August 6 | 7:00–8:30 pm | Cathedral Plaza**

Young adults (ages 18–35) are invited to enjoy the wine and pizza on the Cathedral Plaza as Father Tony offers a presentation titled, “There's No ‘S’ at the End: A Closer Look at the Book of Revelation.” Prior to dinner, adoration and confessions will take place in the church from 6:00 to 7:00 pm as normal.

Cost is \$10 per person, \$15 per couple.

Registration: <https://bit.ly/Pizzaandwine25>

#### Revelation Bible Study

**August 13 – September 17 | 7:00–8:15 pm | Parish Hall**

The Acts of the Apostles Bible study has concluded. The next topic will be the Book of Revelation. There will be both adult and young-adult groups meeting. The study guide will be *Revelation: God's Gift of Hope* by Kevin Perrotta and can be purchased online.