

# CATHEDRAL *of the* SACRED HEART

Dedicated on Thanksgiving Day, 1906  
Serving Virginia Commonwealth University  
Twining with St. Paul's, Carissade, Haiti



## SIXTEENTH SUNDAY IN ORDINARY TIME

July 20, 2025

Most Reverend Barry C. Knestout  
Bishop of Richmond

Very Reverend Anthony E. Marques, VF  
Rector

823 Cathedral Place, Richmond, VA 23220

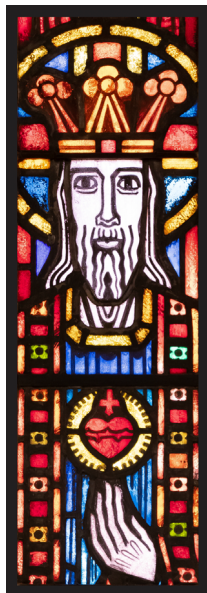
[www.richmondcathedral.org](http://www.richmondcathedral.org)

Office: (804) 359-5651

Emergency: (804) 254-0699

Monday–Friday: 9:00 am – 4:00 pm

Parish registration: [bit.ly/jointhecathedral](https://bit.ly/jointhecathedral)



*Christ the King window in the Cathedral (Rambusch, 1931)*

### MASSES

Tuesday–Friday: 12:00 N

Saturday: 5:00 pm

Sunday: 9:00 am, 11:00 am, 5:00 pm

### CONFESSIONS

Wednesday: 6:00–7:00 pm

Saturday: 4:00–4:45 pm

### EUCCHARISTIC ADORATION

Wednesday: 6:00–7:00 pm

## Mission Cooperative Appeal July 19–20

The Mission Cooperative Program of the Diocese of Richmond assists smaller, rural parishes by pairing them with larger parishes for financial support.

As part of this initiative, Fr. Renier Supranes is celebrating weekend Masses, and a second collection will be taken up to support the four churches of Holy Family parish in southwest Virginia where he serves as pastor: St. Theresa, Tazewell; St. Elizabeth, Pocahontas; St. Mary, Richlands; and St. Joseph, Grundy.

Rector: Very Rev. Anthony Marques.....[tmarques@richmonddiocese.org](mailto:tmarques@richmonddiocese.org)  
Deacon: Rev. Mr. Christopher Malone.....[cmalone@richmondcathedral.org](mailto:cmalone@richmondcathedral.org)  
Deacon: Rev. Mr. Mark Matte.....[mcmatte@verizon.net](mailto:mcmatte@verizon.net)  
Business Manager: Robin Thomas.....[rthomas@richmondcathedral.org](mailto:rthomas@richmondcathedral.org)  
Baptisms and Catechesis: Joy Weir.....[jweir@richmondcathedral.org](mailto:jweir@richmondcathedral.org)  
OCIA: Maria Thorsen.....[mthorsen@richmondcathedral.org](mailto:mthorsen@richmondcathedral.org)  
Weddings: Joanie Price.....[afw@richmondcathedral.org](mailto:afw@richmondcathedral.org)  
Music: Daniel Sáñez.....[dsanez@richmondcathedral.org](mailto:dsanez@richmondcathedral.org)  
VCU Campus Ministry: Chris Spilka.....[cspilka@richmonddiocese.org](mailto:cspilka@richmonddiocese.org)  
Office Manager: Katherine Leer.....[office@richmondcathedral.org](mailto:office@richmondcathedral.org)  
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Facilities: John Marike.....[jmarike@richmondcathedral.org](mailto:jmarike@richmondcathedral.org)  
Finance Council: Rosie Sinclair.....[rbsinclair28@gmail.com](mailto:rbsinclair28@gmail.com)

### QR Code for Parking

Parking validation for Saturday and Sunday Masses only.

VCU West Main Deck (801 W. Main St.):

1. Pull and keep a ticket to enter deck
2. Use this code from this bulletin or:
3. Take a photo of the code with your phone
4. When leaving the deck, insert your ticket first, then when asked for payment, scan the code and the gate will open.



Valid until June 2026

## COMMUNITY

### CALENDAR

<b>Saturday, July 19</b> 4:00 pm	<b>15<sup>th</sup> Week of Ordinary Time</b> Confessions
5:00 pm	<b>16<sup>th</sup> Sunday in Ordinary Time</b> Mass
<b>Sunday, July 20</b> 9:00 am	<b>16<sup>th</sup> Sunday in Ordinary Time</b> Mass (+Ann and Bruno Voigt) <a href="#">Cathedral Facebook Livestream</a>
11:00 am	Mass (+Mario Brigotti)
5:00 pm	Mass ( <i>pro populo</i> )
<b>Monday, July 21</b> 12:00 N	<b>St. Lawrence of Brindisi</b> No Mass
<b>Tuesday, July 22</b> 12:00 N	<b>St. Mary Magdalene</b> No Mass
<b>Wednesday, July 23</b> 7:30 am 12:00 N 6:00 pm	<b>St. Bridget</b> <a href="#">Lauds</a> No Mass Adoration and confessions
<b>Thursday, July 24</b> 12:00 N	<b>St. Sharbel Makhluf</b> No Mass
<b>Friday, July 25</b> 12:00 N	<b>St. James</b> No Mass

### INTERCESSORY PRAYERS

**Pope's monthly intention (July):** For formation in discernment. Let us pray that we might again learn how to discern, to know how to choose paths of life, and reject everything that leads us away from Christ and the Gospel.

**Sick:** Anita Adam, Richard Heberle, Margaret Huber, Madeline Peace, Elizabeth Storm.

**Order of Christian Initiation of Adults (OCIA):** Inquirers: Clay Harris, Daniel Humphrey, Blake Kazenski, Blake Keller, Jeorgia Lamb, Jordan Wilson; Catechumens: Fabrizio Jimenez, Sara Omer, Sara Papa, Aiden Sangiray, Josh Singh, Steven Taylor; Candidates for Full Communion: Julia Lucenti, Corina Nuckols, Stacie Stockton; Candidates for Confirmation and the Eucharist: Idania Espinoza, Andrew Farrell, William Roebuck.

### YOUNG ADULTS

<b>July 23</b>	Adoration and confessions   6:00–7:00 pm   Cathedral
<b>August 5</b>	Theology on Tap   6:00–8:00 pm   Strangeways Brewing, Richmond
<b>August 6</b>	Wine and Pizza   7:00–8:30 pm   Cathedral Plaza
<b>August 22–23</b>	Recent Graduate Retreat   St. Michael Catholic Church, Glen Allen   Registration: <a href="http://www.evangelizerichmond.org">www.evangelizerichmond.org</a>

For more information visit:

<https://evangelizerichmond.org/young-adults/>

### FINANCIAL CONTRIBUTIONS

Fiscal Year 2026  
(July 1, 2025 – June 30, 2026)

Offertory Collection

	July 12–13	Year-to-Date
Weekly amount budgeted	\$18,825	\$37,650
Weekly amount received	<u>\$15,764</u>	<u>\$30,491</u>
	–\$3,061	–\$7,159

Second collection (July 19–20):

Diocesan Mission Cooperative Appeal:  
Holy Family parish, southwest VA

### Summer Giving Matters

While many of us take time to rest and travel during the summer, the parish's work continues—and so do its expenses. General operating costs—payroll, insurance, and utilities—don't take a vacation. The Cathedral relies on faithful and consistent giving, even during the summer months, to keep running smoothly. On average, of \$18,825 is needed each week for this purpose. Gifts may be made in person during Mass or online. Thank you for continuing to support the Cathedral.

### Away from the Parish

#### July 14–25

I am on vacation until next week so daily Mass will be canceled during this time. A visiting priest will conduct adoration and hear confessions on Wednesday (July 23).

If there is an emergency requiring a priest while I'm away, please call the emergency line: (804) 254-0699. —Fr. Tony

### Heroes BBQ

#### July 27 | 12:00 N | Parish Hall

The Knights of Columbus invite parishioners to honor Armed Forces veterans following the 11:00 am Mass. Barbecue chicken and pork will be served, along with an array of fresh garden vegetables. The cost is \$10 for adults and \$25 for families. Proceeds will go to veterans in need. For questions, please contact Rick Atkinson ([rickatkinson21@yahoo.com](mailto:rickatkinson21@yahoo.com)). The Knights look forward to seeing you at this patriotic luncheon.

### Young Man of the Year

Congratulations to Victor MacLaughlin. He has been chosen as the 2025 Knights of Columbus Young Man of the Year and will be honored on Saturday, July 26 after the 5:00 pm Mass.

### Catholic Musical Theatre Camp

#### August 4–8 | 9:00 am–12:00 N\* |

#### Church of the Epiphany, Richmond

Join Richmond Catholic Theatre for our 2nd annual Catholic Musical Theatre camp for children ages 3–18! The campers will develop a cohesive Musical Theatre production with multiple numbers. We will be producing our brand-new original music, *Explosion of Joy!* This musical is about Blessed (soon to be Saint) Pier Giorgio Frassati and will be performed at 5:30 pm on August 8. \*Camp will be August 4–8, 9:00 am – 12:00 N (except August 5: 9:00–10:30 am).

More information and registration at:

[www.richmondcatholictheatre.com/camp](http://www.richmondcatholictheatre.com/camp)

Email [christine@richmondcatholictheatre.com](mailto:christine@richmondcatholictheatre.com) with any questions.

## WORSHIP

### Ordinary Time

The term Ordinary Time translates the Latin *tempus per annum*: literally, “time through the year.” Ordinary Time is the season of the liturgical year that is not tied to a particular feast or preparation for a feast (Advent, Christmas, Lent, and Easter).

“Apart from those seasons having their own distinctive character, thirty-three or thirty-four weeks remain in the yearly cycle that do not celebrate a specific aspect of the mystery of Christ. Rather, especially on the Sundays, they are devoted to the mystery of Christ in all its aspects. This period is known as Ordinary Time” (*General Norms for the Liturgical Year and Calendar*, no. 43).

### Receiving Holy Communion Reverently

“To prepare for worthy reception of this sacrament [Holy Communion], the faithful should observe the fast required in their Church [no food or drink, except water, for one hour before receiving Communion]. Bodily demeanor (gestures, clothing) ought to convey the respect, solemnity, and joy of this moment when Christ becomes our guest” (*Catechism of the Catholic Church*, no. 1387).

### Eucharistic Adoration

#### Wednesdays | 6:00–7:00 pm

The worship of the Most Blessed Sacrament outside of Mass, usually when it is exposed on the altar, is called Eucharistic adoration. This worship of the Eucharist flows from Mass and leads back to it.

“Exposition of the Most Holy Eucharist... encourages the acknowledgement of Christ’s wonderful presence in and invites us to a union of heart with him that reaches its summit in sacramental Communion” (*Holy Communion and Worship of the Eucharistic Mystery outside Mass*, no. 82)

### Flowers

Parishioners may purchase flowers to adorn the altar and tabernacle in honor or in memory of a loved one. The presence of flowers in the sanctuary makes the celebration of Mass beautiful and reverent. For more information, please contact Robin Thomas, business manager ([rthomas@richmondcathedral.org](mailto:rthomas@richmondcathedral.org)).

### Prayer to the Holy Sacrament of the Altar

#### *Ave Verum Corpus*

Hail, true Body, born of the Virgin Mary,  
who truly suffered, was sacrificed on the Cross for us,  
from whose pierced side flowed water and blood.  
Be for us a foretaste of heaven in the final trial of death,  
O sweet Jesus, O loving Jesus, O Jesus Son of Mary.

*Holy Communion and Worship of the Eucharistic Mystery outside Mass* (© 2020, ICEL)

## SERVICE

### July 2025 Service Project:

#### Food Drive for St. Peter’s Pro-Cathedral

The Pro-Cathedral of St. Peter (N. 8<sup>th</sup> St. and E. Grace St.) has a ministry to the homeless, providing lunch on Tuesdays and dinner on Wednesdays, as well as bags of food and snack bags.

If you would like to help with this project, the following items are needed:

- Canned chicken
- Canned tuna
- Pasta and spaghetti sauce
- Dry pasta
- Dry cereal
- Oatmeal
- Peanut butter

Items may be dropped off in the bins in the vestibule or parish hall through July 31. Thank you for your generosity.

### Corporal Works of Mercy

There are seven corporal works of mercy: (1) feeding the hungry, (2) giving drink to the thirsty, (3) clothing the naked, (4) sheltering the homeless, (5) visiting the sick, (6) visiting the imprisoned, and (7) burying the dead. “The works of mercy are charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities” (*Catechism of the Catholic Church*, no. 2447).

### Spiritual Works of Mercy

There are seven spiritual works of mercy: (1) instructing the ignorant, (2) counseling the doubtful, (3) admonishing the sinner, (4) forgiving offenses, (5) comforting the afflicted, (6) bearing wrongs patiently, and (7) praying for the living and the dead.

### Rise Against Hunger

#### August 2 | 10:00 am–12:00 N | Henrico

Feeding the hungry is a corporal work of mercy. Cathedral parishioners are invited to come to meet at Rise Against Hunger to package food for international hunger relief. All ages are welcome and there is no cost to participate. Children are especially invited to participate to learn about works of charity firsthand. The Rise Against Hunger Facility address, waiver and registration can be found here:

<https://bit.ly/CathedralRAH2025>

### Floral Designers

Parishioners are needed to help make flower arrangements for the altar and tabernacle. The presence of flowers enhances the community’s worship and reflects the beauty of God. Training for the preparation of floral arrangements is provided. To volunteer, please contact Fr. Tony ([tmarquess@richmonddiocese.org](mailto:tmarquess@richmonddiocese.org)).

# CATECHESIS

## YOUTH

### Catechesis

Catechesis designates religious education. The term is derived from the Greek *eche* (echo), in the sense of the Catholic faith “resounding” by means of instruction. Religious education is available for all ages: children, youth, and adult.

Pope St. John Paul II taught that, “The definitive aim of catechesis is to put people not only in touch but in communion, in intimacy, with Jesus Christ: only He can lead us to the love of the Father in the Spirit and make us share in the life of the Holy Trinity” (*Catechesi tradendae*, no. 5 §3).

### Baptism Information Session

**July 27 | 12:15–12:45 pm | Parish Hall**

Parents seeking baptism for their child are invited to attend a baptism information session. The requirements for parents and godparents, along with scheduling details, are explained. A brief tour of the parish spaces is also available.

### Catechesis Information Session

**August 3 | 10:15–10:45 pm | Parish Hall**

Families are invited to attend an information session on our catechesis and sacrament preparation programs. Schedules for the year will be available and meeting spaces will be open to view.

### Weekly Catechesis

Registration for catechesis (religious education) this fall is open. Classes are available for children ages 4 years old through rising high school seniors. Weekly classes begin September 7, and all classes meet from 10:05 to 10:55 am (between the 9:00 and 11:00 am Masses). Registration: <https://bit.ly/PREKHSREG>

### First Penance and First Holy Communion

First Holy Communion normally takes place when a child is seven years old and in second grade. It is preceded by the sacrament of Penance. To receive First Penance and First Holy Communion, a child must already be baptized in the Catholic Church and enrolled in catechesis (home, parish, or Catholic school). Several preparation sessions are also required. Preparation for First Penance takes place in January and preparation for First Holy Communion takes place in April. Registration: <https://bit.ly/PREKHSREG>

### Confirmation

The sacrament of Confirmation is normally received at age fifteen and in tenth grade. To be confirmed, a young person must already be baptized in the Catholic Church and enrolled in catechesis (home, parish, or Catholic school). Preparation sessions (September–May) are also required. Registration: <https://bit.ly/PREKHSREG>

## ADULT

### Jubilee 2025

#### Pilgrims of Hope

“Let us even now be drawn to this hope! Through our witness, may hope spread to all those who anxiously seek it. May the way we live our lives say to them in so many words: ‘Hope in the Lord! Hold firm, take heart and hope in the Lord!’ (Ps 27:14). May the power of hope fill our days, as we await with confidence the coming of the Lord Jesus Christ, to whom be praise and glory, now and forever” (*Spes non confundit*, no. 25).

The Jubilee Cross remains in the sanctuary throughout the year so that the faithful can venerate it. Parishioners are encouraged to pray the Jubilee prayer that has been placed near the Cross.

### Wine and Pizza on the Plaza

**August 6 | 7:00–8:30 pm | Cathedral Plaza**

Young adults (ages 18–35) are invited to enjoy the wine and pizza on the Cathedral Plaza as Father Tony offers a presentation titled, “There’s No ‘S’ at the End: A Closer Look at the Book of Revelation.” Prior to dinner, adoration and confessions will take place in the church from 6:00 to 7:00 pm as normal.

Cost is \$10 per person, \$15 per couple.

Registration: <https://bit.ly/Pizzaandwine25>

### Revelation Bible Study

**August 13–September 17 | 7:00–8:15 pm | Parish Hall**

The Acts of the Apostles Bible study has concluded. The next topic will be the Book of Revelation. There will be both adult and young-adult groups meeting. The study guide will be *Revelation: God’s Gift of Hope* by Kevin Perrotta and can be purchased online.

### OCIA

The Order of Christian Initiation of Adults (OCIA) is the work of the whole parish to make new disciples. Each parishioner can help initiate new people into the community of faith. Participants the OCIA are steeped in the mystery of Christ’s death and resurrection.

The parish community can bear witness to God’s love by becoming involved in the OCIA ministry in many ways: welcoming catechumens and candidates at Sunday Mass, sponsoring someone, sharing your faith story, offering friendship and support, praying for OCIA members, or providing dinner for the Tuesday night sessions. Each OCIA session begins with a meal to create a faith community that knows and understands the love of God.

Upcoming OCIA sessions will take place September 16, 23, and 30. Please email Maria Thorsen if you would like to provide an entree, side dish, or dessert for dinner, or be involved in another way ([mthorsen@richmondcathedral.org](mailto:mthorsen@richmondcathedral.org)).